

bumi  sehat

GRATITUDE REPORT 2021





The story behind our cover photo

Lili Suebu is the coordinating midwife at Angel Hiromi Bumi Sehat Papua. She was born in the lake island village of Ifale, Papua. Lili knows well the challenges expectant mothers face when they live in areas with no medical services, so she goes the distance for her people. When a mother and baby are in need, Lili does not hesitate to row out on Lake Sentani, even in rough waters.

In her words, "My goal is to be able to reach all mothers, wherever they are, even in remote corners." The communities Angel Hiromi Bumi Sehat serves on the big lake include Yoboi, Ifar Besar, Hobong, Ayapo, Ifale and Abar. Lili's small house on Lake Sentani is the hub for floating home service.

Dear Bumi Sehat Family,

We will remember 2021 as the year that the Delta and Omicron variants of Covid-19 broke like a terrible wave of suffering around the world in a pandemic that feels neverending. The sorrow has been tremendous, which is why I feel inspired to focus on what we've accomplished together. Because of each of you, Bumi Sehat has been able to continue its mission of service. We feel blessed beyond measure for this work, this vision that we cherish together, the families helped and healed, and your support that makes it all possible.

Most of our patients have little or no income. They know that at Bumi Sehat they will not need to pay, and they can trust our caring professionals to go the extra mile for them. Our patients find not only free, confidential care, but they also find kindness and love. We believe that love has the power to heal. And we know that each donor's heart adds power to the medicine and treatments we provide.

As a foundation committed to addressing the needs of people and devoted to alleviating suffering whenever possible, Bumi Sehat has spent another year feeding people. Distributing grocery supplies for families left without income either from the pandemic or a natural disaster became a weekly endeavor. In these pages, we will share the stories of these events, but also stories of hope, healing and perseverance.

Even while all over the world you, our supporters, also suffered setbacks and heartbreaks, your generosity kept all six of our community health and childbirth clinics open and operational. As this pandemic has made life more dangerous, difficult, and at

times paralyzing, what did move were the waves of love, radiating from open hearts and working hands. Our teams in Bali, Aceh, Papua, Lombok and the Philippines are the willing, working hands that get the work done. And it is you, each of our contributors, that are the HEART of Bumi Sehat.

As we bravely take baby steps into 2022, we bring our luggage packed with love. We are leaving fear behind, because we have shown each other how enduring our love and commitment to uplifting the world is. May your families be safe, healthy, and happy.

Terima kasih. Maraming salamats.
Thank you for believing in us.
We Love YOU.



Ibu Robin & Team Bumi Sehat



The pandemic's lasting impact on maternal health outcomes, quality of life

As the pandemic stretches into another year, we are seeing the impact on moms, babies and families across the globe. Not only did more pregnant women die than in the previous year, there was also a sharp increase in complications, premature birth and stillbirths during the pandemic, as well as heightened postpartum depression and anxiety, according to a Lancet Journal analysis of 17 countries.

In countries like Indonesia, where the maternal mortality rate is among the highest in Southeast Asia, this is a worrisome trend. To make matters worse, 25 million people in Indonesia were already living below the global poverty line before the pandemic, and worsening poverty creates additional barriers in access to care.

Moms here are tested for Covid-19 prior to delivery, and if positive could be either turned away or required to deliver at a public hospital in an isolation room. Disruptions in healthcare and fear of being infected with the virus may have led to avoidable deaths of mothers and babies, especially in low and middle-income countries, the study found.

Bumi Sehat not only remains fiercely committed to ensuring maternity care around the world is safe, respectful and equitable, we continue to provide medical care and education to our patients. We also have increased mobile services to serve remote patients and reach populations that may not seek out care in a clinical facility.

In addition to worsening health outcomes, families also continued to face food insecurity in the last year. In Bali especially, where the overwhelming majority of the economy was dependent on tourism, jobless and hungry families remain a serious concern. Maternal and child health are of special worry, as malnutrition contributes to dangerous post-childbirth hemorrhages for moms, as well as impaired immunity and reduced quality of life in children.



Bumi Sehat continues to provide significant nutritional support through food delivery and outreach programs, meals at our clinics and vitamin distribution. This is made possible by generous donations and partnerships with fellow aid organizations like Earth Company, Blackmores, Kopernik, Room for Dessert, Nusa Tonic Kitchen and other generous individuals.

Bali has twice halted plans to reopen for tourism, first in the spring when a surge of cases linked to the Delta variant overwhelmed hospitals and again at the end of 2021 with the emergence of a new variant, Omicron. Bali was preparing to reopen for tourism in the year-end, welcoming vaccinated travelers from

19 countries without a quarantine period. But the government of Indonesia reinstated a quarantine requirement for all travelers, effectively closing its vaccine travel lanes. Domestic travelers from neighboring islands remain the only source of tourism -- and income -- for many workers in the hospitality industry.

Indonesia's healthcare professionals are under extreme stress, like frontline workers all over the World. Even under duress, and risking their own lives, our doctors, nurses, midwives, pharmacists, hospital and clinic support teams are doing a brave and fantastic job in service of humanity.



Disaster strikes Indonesia and the Philippines

The end of the year brought earthquakes and floods to Northeast Bali and the island of Lombok -- two areas still recovering from natural disasters in prior years -- affecting hundreds of families. Disaster also struck in East Java when Semeru volcano erupted. And in the Philippines, a catastrophic typhoon has affected tens of thousands of families across nine islands.

In October, a pre-dawn earthquake in the northeast of Bali destroyed homes and temples, killing three people and injuring 73 more. Despite a modest magnitude of 4.7, the slip-strike earthquake's location at the slope of volcanoes Mount Agung and Mount Batur generated enough fault activity to trigger landslides, devastate local villages and leave people trapped in the rubble.

A total of 1,117 families utterly lost their homes, while others were partially destroyed. In the village of Bunga, 60% of homes were destroyed and rendered unlivable.

Bumi Sehat teams responded to the disaster, and provided medical care and examinations, food and vitamins, tents for displaced families, trauma counseling, toys and coloring books for children, and we distributed blankets and towels. Most important for survival, your donations provided Sembako (packets consisting of a two-week supply of groceries) to 200-300 families each week. We thank heaven for Christy Turlington Burns and Every Mother Counts who reached out to extend emergency funding for our disaster relief efforts in 2021.

Our hearts go out to these families as they rebuild and recover once again. Northeast Bali is still recovering from the destruction caused by Mount Agung eruptions in 2017-19, which affected 40,000 people in 22 villages. To see another natural disaster strike this community is heartbreaking.



Also in December, heavy rains in Bali and neighboring Lombok island caused severe flooding. West Lombok was hit the hardest, with waters up to several feet washing away homes in overflowing rivers and requiring evacuation for hundreds of families. Some 400 families were left homeless.



Bumi Sehat brought food and medical care to families in Lombok as they absorbed yet another disaster. Many of these same families lost their homes in the 2018 earthquakes. Fortunately, our Lombok clinic is located on higher ground and was not severely impacted by the flooding. We continue special fundraising efforts to support disaster response. Learn more about this on our website.

In addition, Semeru Volcano in East Java began to erupt in early December. The devastation has been staggering, and the eruptions continue. Team Bumi Sehat responded to requests for doctors, nurses and midwives with disaster relief experience.

December also brought devastation to the Philippines on 16 December with a Category 5 typhoon that made nine landfalls. Disaster relief there is ongoing. You can read more about our Bumi Wadah Philippines clinic and its disaster response in the pages ahead.





**Datang Bulan
rEvolusi**



Bumi Youth Center and Midwives create Datang Bulan rEvolusi (Menstruation rEvolution) program

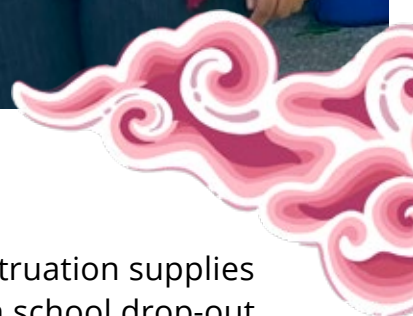
Innovative programs target at-risk teen girls

Bumi Sehat has begun two new initiatives to educate and support young women's menstruation, with hope that behavioral changes created by it will be sustainable and long-lasting.

"Menstrual rEvolution" is a new program to distribute cutting-edge, reusable, environmentally sound menstruation underpants. Our project will supply alternative menstrual pants to selected communities in Bali. The short-term goal is to help reduce environmental, health and financial impacts from lack of sustainable resources to manage menstruation.

Our long-term goal is for the use of these sustainable products over single-use pads to become mainstream. This program is made possible by a grant from The Mel Wolf Foundation, devoted to helping at-risk women.

Perfect Fit, a women-owned business that began with a vision and support from Ibu Ewa Wojkowska of Kopernik, and Alizee Barth of MOOVE, are partnering with Bumi Sehat to educate and empower high school and middle school girls. The grant was written by the amazing Cat Wheeler.



In addition to this, Ibu Robin and Team Bumi Sehat are developing a new health autonomy book for teens called “Pilhan dan Tantangan” (Choices and Challenges). This book will be distributed freely to teens along with a curriculum of Life Education taught by Bumi Sehat midwives, nurses and teachers in our Youth Center and public schools in Bali in 2022. Development of this book and support for the young artists involved comes from a ChangemakHers grant under the Ashoka Foundation umbrella.

Some 67.5 million young women in Indonesia face numerous and compounding challenges with menstruation once they reach menarche (age 10 to 16 years).

Lack of access to menstruation supplies is highly correlated with school drop-out rates. According to the report “Dignity for Her,” girls on average miss school six days a month from inability to manage their periods at school, contributing to almost 23% of girls dropping out of school on reaching puberty.

Lack of sanitary supplies further puts girls at risk. In very poor areas of the world, girls use cardboard, sawdust, dried leaves, corn husks and other found materials to absorb menstrual blood, resulting in cuts and infections. Menstruating young women also use rags but, ashamed to openly wash and dry these cloths, often try to dry them under their beds where they grow bacteria, mold and fungus that lead to infection.



Further compounding the challenges, young women known to be menstruating may become victims of sexual abuse in social settings, where they can become targets for unwanted sexual advances. This trauma can lead to sexually transmitted infections, pregnancy and forced marriage or single motherhood. Bumi Sehat midwives have already seen an increase in single teen mothers during the pandemic, school closures, more people out-of-work with more idle time create an environment for trouble. This further underscores the need for privacy around menstruation among girls as they come of age.

Discarded menstruation products also negatively impact the environment. Conservatively estimated, an annual total of more than 12 billion used, non-biodegradable pads end up in landfills, rivers and the oceans of Indonesia.

Menstrual underpants are a game-changer for young women. They are a simple, effective way up and out of crushing social dynamics that suppress and oppress young women. We look forward to supporting our young women through this critical life stage. We call this the “Datang Bulan rEvolusi” or “Menstrual rEvolution.”

Bumi Sehat Bali programs and services update



Cancer screening

Bumi Sehat continues to see great success with the “See and Treat” approach to cervical cancer prevention. Each month, Bumi Sehat receives 25 patients to have breast and cervical cancer early detection and if needed, cryotherapy. On average, two to three patients with pre-cancerous cells are treated per month, with cryotherapy. Our doctor has also detected several women with cancerous conditions that required immediate transfer of care to hospital for further evaluation and treatment. This lifesaving program is made possible in part by donations from @einherzfuerkinder.



Physiotherapy

In cooperation with Yayasan Peduli Kemanusiaan, we have introduced

physiotherapy on Saturdays for patients needing mobility assistance, from post-stroke patients to injury to musculoskeletal problems. We have begun collecting crutches and wheelchairs to support the program. If you are in Indonesia and would like to donate, visit our website for more information on how to get involved.

HIV / AIDS

With Indonesia leading Southeast Asia in the number of people living with HIV/AIDS, Bumi Sehat continues to counsel women and children and all people infected with the virus. Bali has the second-highest number of cases in Indonesia, behind Papua where women have the worst maternal outcomes in the country. Much more work is needed in education, prevention, outreach and support services. We are blessed to have Eka Sampurna leading our HIV/AIDS support with his counseling skills and experience.

The onsite Bumi Valentino Lab makes it comfortable and confidential for our patients to be tested. New in 2021 is the lab equipment needed to evaluate the viral load of our HIV positive patients. This gift from @einherzfuerkinder eliminates the need to send our patients blood samples for expensive testing in Jakarta. Bumi Sehat was also the beneficiary of a World AIDS Day fundraiser at The Mansion Bali, in collaboration with KSPAN SUKUMA, to help support HIV and AIDS patients.



Revitalizing Posyandu

We began a partnership with Kartika Soekarno Foundation and Bali Children's Foundation to revitalize Posyandu (health checks for children under 5), in the remote village of Songan. Bumi Sehat educates mothers on how to achieve healthy nutrition for children and pregnant women. We distribute prenatal vitamins and support



them to successfully breastfeed. We provide healthy snacks to support the children's growth and monitor their development. This Posyandu program has long been sustained by Bumi Sehat in our own village of Nyuh Kuning. The result has been that our children are reaching their growth and intelligence landmarks. For this we are very grateful for our contributors worldwide.



Scholarships

During 2021, Bumi Sehat supported 13 students in their college education. Our own Yogik Prayoga, with the support of Jenny Burgess Foundation, was ranked the #1 National Student Nurse of the year – an outstanding achievement. Midwives Nyoman Susanti, Wayan Sudarni, Nevi Kusraeni and Made Suastini are in the process of getting their Masters Degrees in Midwifery, with the support of Bumi Sehat.

I Putu Agus Swidnyana has completed his specialty in Acupuncture, and is now working to help the patients of Bumi Sehat. Ongoing support for student nurse Yunda Candra is provided by Alison Tibbles family. Earth Company is supporting Kadek Devi Ariyani in her dream to become a midwife. Likewise our network of Doulas has been supporting student midwife Putu Padmi. I Made Deva Sukma Wenanda has a scholarship to study Media and Information at New Media College. Wayan Apritosi recently graduated with a degree in tourism. Intan Indayani, with the help of a partial scholarship

from the government of Indonesia and additional help from Bumi Sehat, has just graduated with her degree in Pharmacy. She is volunteering at Bumi Sehat and working in Payangan Hospital. Inten Antarawati, a young mother returning to school to continue her midwifery education, is supported by Pat Barkway of Jenny Burgess Foundation. We are so incredibly proud of these exceptional scholars. Each has a story of achievement over hardship. Each of them is a young hero.





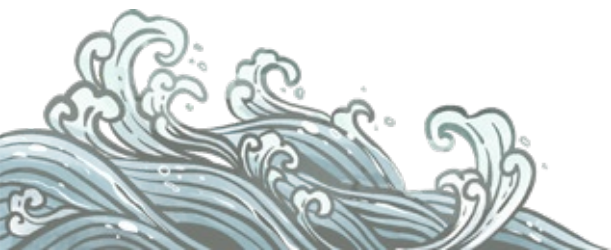
Covid education for kids

We received a donation of six different beautifully illustrated books from the Bali Kids Foundation.

These books help our youth to understand issues surrounding reproductive health, HIV/AIDS, covid-19, depression and mental health, bullying and environmental concerns.

Now accepting cryptocurrency donations

You can now make a donation to Bumi Sehat with cryptocurrency. Please visit bumisehat.com complete details.





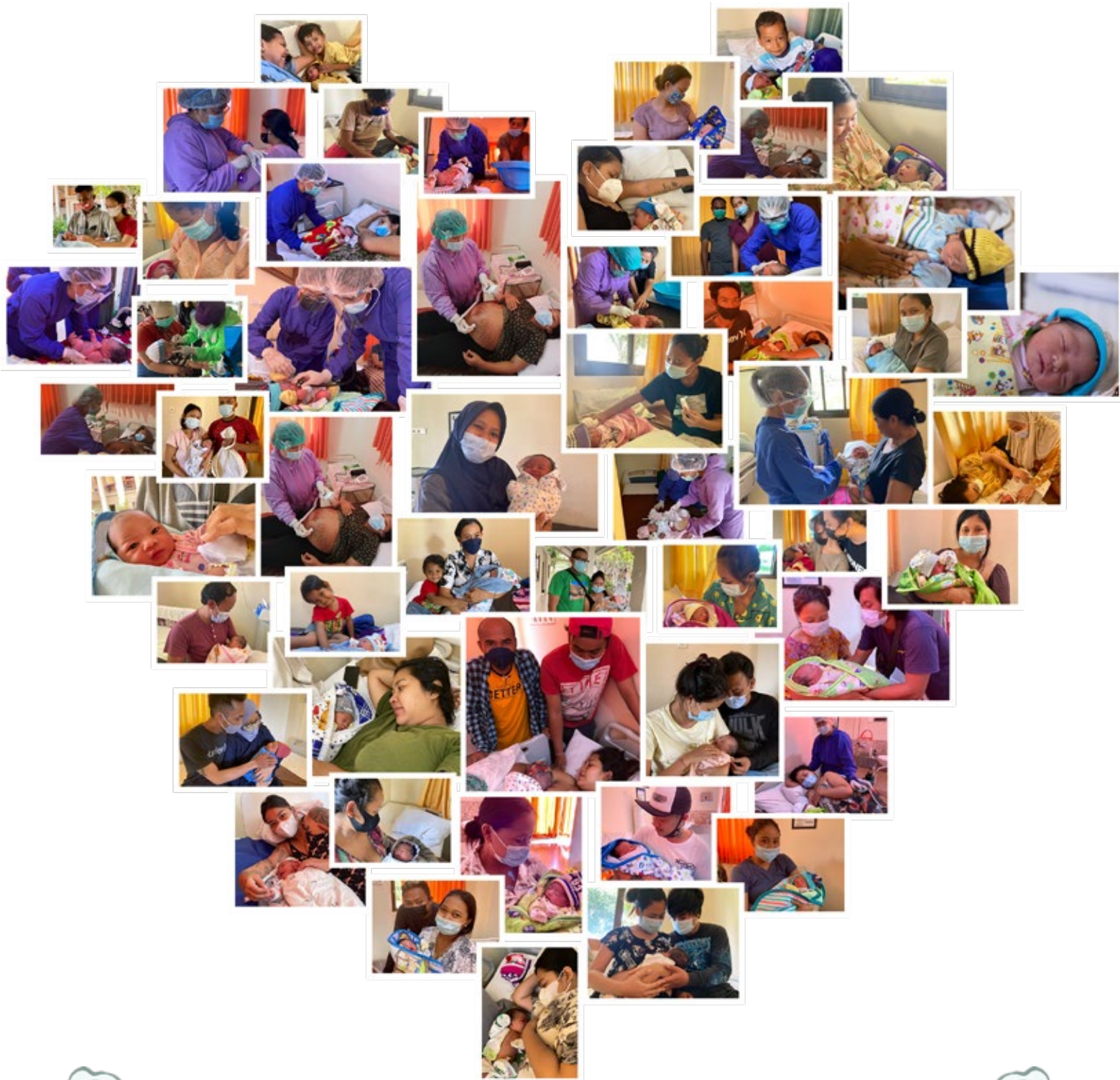
Staff training and education

Our medical teams have undertaken several types of continuing education to improve patient care. This included a webinar training on neonatal resuscitation conducted by Udayana University and collaboration meetings with specialists and physiotherapists from Yayasan Peduli Kemanusiaan about care delivery for patients suffering from strokes, musculoskeletal problems, and other issues. We were also joined by psychologist Joe Irene to educate our teams on mental health.

Collaborations with leaders and organizations

In 2021, Bumi Sehat was visited by Kartika Soekarno, founder of the Kartika Soekarno Center and daughter of Indonesia's first president, to discuss plans for cooperation in providing education to the people of Kintamani. The Director of the Ministry of Foreign Affairs and his staff also visited us to discuss opportunities for cooperation between the ministry and Bumi Sehat.

Clinic Updates





Angel Hiromi Bumi Sehat Papua

Women in Papua have the worst maternal outcomes in Indonesia. Women here not only live in remote villages, they have epidemic levels of HIV, syphilis and often experience trauma and discrimination when they seek medical care. Because of discrimination they face during first pregnancies, they are more likely to avoid medical care for subsequent pregnancies and instead rely on family members and unskilled birth attendants, with poor outcomes.

Papuan people have been hard hit by the covid-19 virus. Indigenous Papuans and mixed Papuan people are much more likely to suffer profound illness, hospitalization and death during this pandemic. Papuan hospitals were so full from the Delta variant that two family members of Angel Hiromi Bumi Sehat staff died while sitting on plastic chairs in the hospital parking area, waiting and hoping to get help and care.

Special gratitude for Every Mother Counts in cooperation with the local Department of Health for their support in building a special isolation birth room at our facility so that women in labor who test positive for covid-19 may stay with our midwives for their labor and delivery.

This came about when many mothers were asymptomatic and yet tested positive for the virus, and protested when forced to deliver their babies in the already overcrowded hospital.



Every Mother Counts learned of this predicament and responded with emergency funding. Building was very challenging, as all of the construction workers fell sick with the covid virus. Our director, Rachel Monoach and her husband Ronald, persisted and with the help of the community, the new birth room has finally been completed.

This year our midwives gave pregnant women 693 checkups, and received 127 babies into the world. Midwife Lili Suebu and her team of midwives have boldly gone to the remote communities on the tiny islands on Lake Sentani, to bring prenatal care to mothers who have absolutely no access to medical support.

Going the distance for the people we serve has always been the policy of Bumi Sehat, our team in Papua has given that devotion more meaning. Our Gratitude Report cover this year shows our pride in our Papua team, who go above and beyond in the line of duty.



Bumi Sehat Lombok

Our Lombok team performs miracles every day, but we were especially touched by the story of a patient who gave birth in the back of a truck just as it arrived at our Lombok clinic, with assistance from our midwife Lia Purnama who cleverly jumped into the truck just in time to assist.

A teenage student named Ani (not her real name), had unknowingly become pregnant with her beloved boyfriend. The two were planning to marry after finishing school, hoping their families would approve of their dream. She began feeling unwell, but was a busy student with no health insurance and barely enough money to eat, so she did not go to the doctor or midwife. When she realized she was pregnant, she simply hid her growing belly under



layers of modest clothing. When contractions began at night, she kept silent in the room she shared with many girls from her school. In the morning Ani's friends took her to a local traditional healer (called a Dukun in Indonesia) when she could no longer bear the pain. The Dukun, realizing the young woman was in advanced child labor, commandeered her son to drive his truck to the Bumi Sehat Lombok Clinic.

Our staff was preparing to open the clinic when they heard the commotion. One of our midwives, Lia Purnama, jumped into the truck just in time to help deliver a healthy baby girl! Midwife Lia placed the tiny 2,550 gram (5 1/2 lb.) baby skin to skin with Ani, and safely delivered the placenta. Mom and baby are now safe and well.

Bumi Sehat Aceh

Seventeen years ago a 9.3 undersea megathrust earthquake struck offshore from the Indonesian island of Sumatra. The already conflict and poverty torn region of Aceh was at the epicenter. The waters along the shores of the Indian Ocean receded, minutes later a series of massive tsunami waves grew up to 30 meters (100 ft.) in height. Coastline communities were utterly devastated, the conservative estimate is that that morning 227,898 lives were lost in 14 countries. This was one of the deadliest natural disasters in recorded history.

Bumi Sehat was one of the earliest responders. From the hard weeks of rescue response, doing medical relief and food distribution from tents and plastic tarp shelters, our vision and mission for Aceh grew into community rebuilding. Working with the IDEP Foundation, heroes like Christine Foster, Ade Adriawan, and many brave volunteers we built the first clinic in the district, with the wood from trees felled by the tsunami.



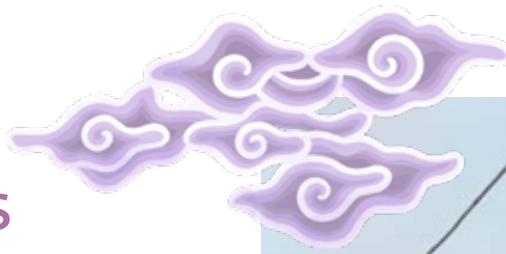
Eventually the Rotary funded the building of a proper clinic. Catholic Relief Services sunk a dependable well, which provides water for the clinic, a nearby school and the surrounding village. Direct Relief International stepped in and helped to keep this clinic and our health and education services afloat.



Today, it is your contributions which make it possible for Bumi Sehat Aceh to continue to stand strong. In 2021, Bumi Sehat Aceh made a request for funding to create a picnic and prayer and meditation garden on the wetlands behind our clinic. This solved a mosquito problem, while giving families a lovely place to go fishing, share meals, pray, and contemplate the beauty of nature. Mothers in labor walk in this garden, which is home for Great Blue Herons and many singing birds. With a little money and a lot of back bending work, the community is now enjoying their new Bumi Sehat garden.



Bumi Wadah Philippines



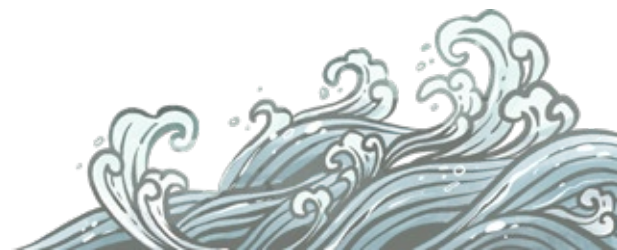
Our team of heroes in the Philippines – Christine Ferreros, Rose Cupin, Maria Teresa Maniego, Father Ned, Cecille Ong and amazing midwife Theresa Palana – worked through tight pandemic shutdowns and strict travel bans to serve their communities. Other Bumi Wadah Philippines volunteer heroes include: Gretchen Arcipe, Mely Dayupay, Grace Ferreros, volunteer mothers who survived the typhoon and are in service to their communities through us, Christine, Gale, Claire, Tata. Drivers, JR, Nonoy, and Bernie, thank you for delivering the Midwives.

Team Wadah Philippines planted thousands of vegetables seedlings and fruit bearing trees, conducted educational webinars, installed rainwater catchment systems to supply water to two villages, and of course looked after the pregnant mothers and received babies into this world. As shelter at home pandemic restrictions lifted now and again, community arts, dance, education and fitness events were held to help communities cope with the sorrow of the times.

On December 16, catastrophic Category 5 Typhoon Rai (known locally as Odette), made nine landfalls in the central Philippines. The winds were predicted to reach 230 kph, but in some areas reached 320 kph! The situation is dire for tens of thousands of families on nine devastated islands.



Our partners at Direct Relief, Earth Company, Peace Boat and Wadah Foundation are responding with donations. While all over the world people celebrated Christmas and the New Year, Filipino families in the wake of the typhoon had no electric power, no running water, sheltered anywhere they could with not enough to eat. This disaster relief is ongoing, and Wadah Philippines needs your support.



Remembering our dearly departed

Our hearts go out to the kind and generous souls who left us this last year and were among the cherished family of Bumi Sehat supporters.



Colleen Roberta Walker died unexpectedly from complications of surgery in April 2021. Just before Colleen left Bali for the last time, to return to her native Canada for surgery, she dropped by Bumi Sehat. Colleen told Ibu Robin how she would be back to help. In Bali, we knew her as a generous spirit, worrying about the children in remote areas, and contributing to their support. Her legacy of love has benefitted Bumi Sehat, and the people of Bali, who loved her so much.



Bapak Made Suardana, an extraordinary batik artist and a Bumi Sehat Father, trusted us with the deliveries of most of his children and all of his grandchildren. His daughter Dinda, gave birth just three months after her father's passing away of suspected Covid-19.



Seventeen years ago, Wayan Ryan (pictured here with his sister and younger brother) was born into the loving hands of Bumi Sehat midwives. In July 2021, Ryan developed difficulty breathing and died before his family could seek help. Two days later, his grandmother was taken by covid-19. We love this family so very much.



Anjalie Trice, pictured with granddaughter Sierra, was a lifetime helper of Bumi Sehat, taken by cancer in October 2021. The world will always miss her laughter, and we will hold dear the joy and inspiration of Anjalie.

We lost longtime friend and supporter Beverly Kirk to liver cancer in April 2020. A mother to two sets of twins, Beverly was a bastion of strength and perseverance, a brilliant entrepreneur, quick wit and hilariously funny. We miss her dearly and are proud to have the continued support of daughter Kimberly Morrison at Bumi Sehat Bali.





Operations

Our teams





Patient and human services statistics

Babies born	728
Pregnancy checkups, all clinics	6,077
General medicine patients	24,590
PPE, Covid-19 tests, antivirals	23,670
Total health, education, and human services	128,275

Bumi Sehat Bali

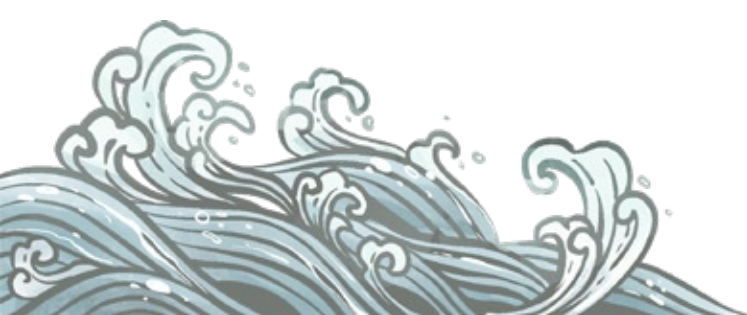
Babies born	316	Ambulance service	39
Prenatal checkups	4,443	Home visits	26
Postpartum care	424	Lab check-ups blood and urinalysis	1 997,
Neonatal check-ups	361	Community massage (adults)	68
Doula services	54	Capacity building for midwives, nurses and medics	180
Pediatric care	128	Scholarships	135
General medical examinations	8,711	Online youth - workshop participants	24
Free medicines distributed	8,790	Online Midwifery/Doula masterclass students	1,179
Prenatal Blackmores vitamins	8,446	Prenatal yoga students	940
Acupuncture treatments	2,696	Elderly yoga club attendance	317
Free Chinese herbal medicines distributed	961	Health check-ups for elders	178
Family planning	31	Clinic tours	32
See & Treat (cervical cancer detection)	106	HIV/AIDS workshops and counseling	316
Cryosurgery to treat early stages of cervical cancer	10	HIV counseling and services for pregnant mothers	339
Breast examinations (cancer early detection)	105	Monetary help for HIV families	63
Physiotherapy	207	HIV viral load lab checks	65
Ear, nose and throat check-ups	60	Emergency help for indigent families	8
Staff capacity-building workshops	113	Posyandu (under five child health evaluations)	641
Transports in labor	58		



Posyandu (Children of Village of Songan)	148
Healthy food for children (Village of Songan)	148
Childbirth preparation class	23
Baby layettes	306
Free books distributed	1 803
Bumi Sehat eco bags	2,475
Masks given away	10,265
APD / PPE for medics	10,265
Food assistance	
- elderly people	2,143
- Temesi Village (at the dump)	1,625
- families with no income	1,132
- disaster survivors (Sembako packets)	1,396
-HIV positive families	12
Covid tests	596
Disaster medical relief	472
Disaster medicines prescribed and given	472
Clothing packets	300
Trauma healing art supplies for children	300
Bumi Sehat health books	100
Blankets for children left homeless by earthquake	200
Total Bali	76,748

Bumi Sehat Lombok

General patients	6,650
Medicine given	14,735
Pregnancy check-ups	223
Prenatal yoga and pregnancy education	66
Pregnancy counseling	66
Vitamins distributed, bottles	2,398
Babies born	20
Postpartum check-ups	32
Newborn baby check-ups	20
Baby massage	30
Family planning patients	212
Home visit	163
Refer to hospital	6
Community service, grocery packets distributed	16
Disaster response, patients receiving food assistance	323
Flood disaster response	
• wrapped rice distribution (number of meals)	100
• clothes (pieces)	100
• Towel (pieces)	70
Child and infant checkups	355
Ambulance transport	7
Total Lombok	25,592



Bumi Sehat Wadah Philippines

Babies born	198
Pregnancy checkups	397
Postpartum checkups	198
Newborn screening	198
Prenatal vitamins	397
Referral to hospital	26
Family planning patients	198
Typhoon monitoring	5
Covid care packs	40
Grocery packs distribution	300
Bundles of Joy	100
Humanitarian assistance extended	506
Scholarship grants	2
Scholarship assistance	2
Performing arts scholarship	50
Support at National Rhythmic Gymnastics competition	10
Language tutorials	50
Educational webinars given	361
Educational devices	10
Assistance to senior volunteers	42
Community event attendees	1,800
Mobile theatre recruitment and training	845

Construction of homes and toilets for clusters of indigent families	21
Charity concerts	6
Fitness campaign (Zumba sessions)	52
Coastal clean-up drives	44
Rain collector installations (water supply)	2
Vegetable fruit bearing tree seedlings planted and distributed	3,867
Facilitation of community development activities	18
Inspirational activities/events	389
Facilities constructed	5

Total Philippines	10,139
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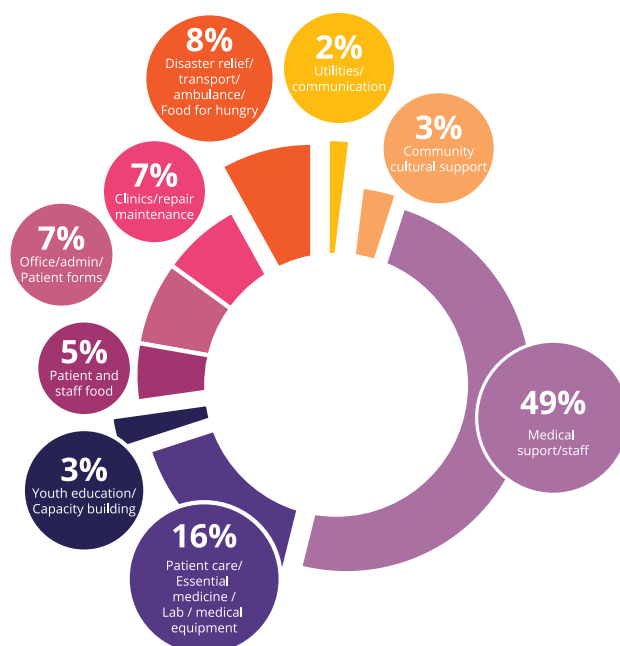
Angel Hiromi Bumi Sehat Papua

Babies born	127
Pregnancy checkups	693
Meals for mothers	379
Pregnancy counseling	11
Prenatal exercise	31
Family planning	127
Lab check-ups	366
Neonatal check-ups	127
Postpartum check-ups	139
Home patient visits	94
Covid-19 tests	115
Holistic therapies, acupuncture	43
Maternal transports	26
Medical home visits	94
Neonatal transports	5
Transports to home	11
Bumi books given	46
Medicines provided	124
Groceries for families	45
Masks distributed	2,196
Total Papua	4,799

Bumi Sehat Aceh

Prenatal checkups	321
Babies born	67
Neonatal checkups	67
Postpartum care	88
General medical exams	9,229
Home visits	319
Transport to hospital	45
Overnight patients	126
Ambulance	340
Counseling and pregnancy exercise	375
Youth Center	12
Extra nutrient recipients	8
Total Aceh	10,997

2021 budget allocation



OUR GENEROUS DONORS



THANK YOU, TERIMA KASIH



Fundraising updates

We have completed several successful fundraising campaigns with Global Giving, which provides additional funds based on the amounts raised by supporters, multiplying your contributions. Bumi Sehat became a Global Giving partner in September 2020 and since that time we have raised more than \$185,000. Fully funded projects include:

- \$88,935 to deliver pandemic maternal health care (funded in 2020)
- \$26,068 to provide essential lab services for pregnant women (funded in 2020)
- \$19,556 to help indigenous Papuan women access safe childbirth (funded in 2021)
- \$37,102 to deliver maternal health care in Lombok (funded in 2021)

There is currently one campaign ongoing at the time of this report's release. The "Women and Children Pandemic Food Security in Bali" campaign has a goal of \$16,800 and has so far raised about \$11,000. In 2022, we plan to add a project to support our clinic in Aceh so that healthcare for the people still living in the shadow of the tsunami may continue uninterrupted. Also planned is a project to collect emergency funding for natural disasters, which are a growing concern for our Indonesian and Filipino communities so profoundly affected by climate changes.

We thank each and every one of you for contributing to these campaigns for targeted support in the communities we serve. Every donation counts and makes a difference in the lives of people who need your support.



By the numbers

- A \$10 monthly donation will end hunger for 12 families in one year.
- A \$25 monthly donation for a year will provide 12 pregnant mothers with health check-ups plus vitamins and medicines as needed.
- A \$62 monthly donation for a year will end hunger for 72 families in remote areas of Bali



How you can help support us now and into the future



If you'd like to support Bumi Sehat, there are many ways you can help.

Our most urgent need is for financial support to assist with operating costs, which most philanthropic organizations will not fund. Our services are free to the communities we serve, and only a fraction of this cost is offset by the donations we receive from our foreign patients.

Keep in mind that you may donate in any amount – even set monthly recurring donations. And it doesn't take much to make a big impact in someone's

life. For just \$22, you can provide a mother and baby with a prenatal or postnatal midwife and doctor's visit. For \$200, you can cover the entire cost of a baby's gentle birth.

You can make a donation at any time by visiting our website, bumisehat.org.



Special initiatives

You can direct your donations to specific initiatives if you prefer to do so. You can support our Endowment Fund, education services, basic operations, or our Disaster Relief Fund.

An endowment fund is a special fund that will ensure a stable future for years to come and future generations. With an ultimate goal of securing \$1 million, we have launched our 1,000x1,000 campaign, calling on 1,000 generous individuals to donate \$1,000 each to help us on our way to a secure future.

As global and natural disasters are a permanent reality in the tropical locations where Bumi Sehat operates, we have established a separate Disaster Relief Fund to ensure we are always prepared to respond. You can allocate any amount to this fund to ensure your donations are used to help when disaster strikes.

We have many ways to receive donations. You can make a donation through our website by credit card or PayPal. If sending within the USA, you can mail a check to Bumi Sehat Foundation International at 25 Colby St., Barre, VT 05641.

If sending internationally or within Indonesia, you can donate via bank transfer to Yayasan Bumi Sehat, Ds. PKR Nyuh Kuning via the bank PT Bank Negara Indonesia, Denpasar KLN Ubud branch. You'll need the following information:

- Bank address: Jalan Gajah Mada, No. 30, Denpasar, Bali, Indonesia
- Indonesia account: 117 765 425 (In USA, use 117 766 133)
- SWIFT code: BNINI DJADPS

About Bumi Sehat

Yayasan Bumi Sehat, which means “Healthy Earth Mother Foundation,” is a not-for-profit, 501(c)3 registered organization in the United States of America, with headquarters in Bali and operations throughout Indonesia and the Philippines. Our organization was founded in 1995 based upon three principles: Respect for nature, respect for culture, and the wise implementation of the science of medicine.

Today, Bumi Sehat operates six community health and childbirth clinics, provides youth and community education services, and responds to disasters and other population health needs. Our clinics are located in; Nyuh Kuning Village, Bali, (Indonesia); Gampong Cot, West Aceh (Indonesia); Sentani, Papua (Indonesia); and Gunung Sari, Lombok (Indonesia); Leyte (Philippines); and Palawan (Philippines).

In all our endeavours, Bumi Sehat advocates for marginalized, displaced, low-income people from all islands, faiths and cultures, with a strong focus on gentle birth for mothers and babies. We believe that access to quality healthcare, especially reproductive healthcare, is a human right. We believe that each individual is an essential societal component of peace. Our vision is that by caring for the smallest citizens – babies at birth – we are building peace. One mother, one child, one family at a time.





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