

SERVE WITH LOVE



bumi
sehat



Bumi Sehat Foundation **2020 Gratitude Report**

HEALING THE WORLD



DEAR BUMI SEHAT FAMILY

Twenty-five years ago, Bumi Sehat was founded on a nearly foolish vision: to abate suffering by gently and safely assisting mothers and babies, and providing healthcare as a human right. In time, that mission expanded and our operations grew.

Our growth has long followed a trail of destruction through the Asia Pacific. The six clinic locations we have today were born out of responding to natural disasters, where we began providing medical services while supporting moms and babies under the most catastrophic and destitute circumstances. With each passing year, we have identified and tackled new ways to serve our communities across Indonesia and the Philippines, adding youth centers, scholarship programs, health education, plus an expanding list of services for primary and maternal/child medical care.

And so in many ways, I can look at the global pandemic as another iteration of change for Bumi Sehat -- another expansion of our mission and another storm to weather. Instead of responding to earthquakes or floods, we're responding to a devastated economy that's left far too many hungry, and shifted some of our operations to feeding needy populations.

But in ways harder to measure, we've never faced anything quite like this. In a global pandemic, there is panic, worry and suffering that seems to have no end. We needed (and continue to need) new equipment and supplies. We faced changes and challenges for which we couldn't have planned or predicted. Some operations went on hold or shifted online. Medical and hygiene protocols were tightened. Tragically, cherished lives were lost from Covid-19. The logistical, financial and emotional toll has been immense.

Yet at the same time, we have all come together to survive this. That has been beautiful to witness. In ways big and small, help has come from friends and neighbors,



local businesses, other non-profits, strangers who became family, from across the world, and even our own Bumi moms and families giving back. So while our gratitude reports usually focus on all that we do to support moms and babies, this year, we reflect on the ways we adapted together and express our utmost appreciation for the generous hearts that answered our calls for help. And of course, we want to express a renewed and enduring thanks and respect for our amazing 200+ employees who we now call frontline workers.

We have endured together, as we always do. We are stronger together. And we give thanks together. So from all of us to all of you, our international family, thank you for all the blessings.

Ibu Robin ♥

Ibu Robin & Team Bumi Sehat

HOW WE RESPONDED TO COVID-19 AT BUMI SEHAT

If you can even remember back to the beginning of the pandemic, you might recall that medical settings suddenly seemed like the worst place in the world to be unless you actually had Covid-19. Hospitals and clinics around the world asked those without essential and urgent medical needs to stay away to contain the virus' spread. Visiting a sick grandparent or a new mom was out of the question.

So the first challenge we faced at Bumi Sehat was how to ensure that our facilities remained the safest place for families to welcome a new baby into a world that felt so unsafe. Fear and uncertainty was giving many women pause about their birth plans. We wanted moms and all our patients to feel confident that coming to Bumi Sehat for any health care need would not put them at risk for contracting the virus.

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WE ADAPTED TOGETHER

We took this challenge seriously, and quickly adapted how we worked. Like many other health care facilities, we instituted new protocols for limited capacity, allowed fewer visitors and ceased group tours, and secured protective equipment for our staff.

In response, moms adapted too, learning to use video calls to introduce the family to its newest member, just as those around the world learned to connect without physical contact. During labor and childbirth our midwives and medical team wear complete PPE. In accordance with World Health Organization guidelines, moms in labor are welcome to bring their partner or a birth companion. No one should feel alone or abandoned in labor and childbirth.

We revisited everything we did, down to the smallest details. We added an even more rigorous cleaning schedule and implemented tight hygiene controls. We had long used washable hand towels to reduce waste, but switched to disposable paper towels instead. We taught our community to make masks and hand sanitizer.



We also turned to plant medicine to help protect us, harvesting, drying and encapsulating anti-viral heritage herbs, indigenous to Indonesia and the Philippines, like *Andrographis paniculata*, long used in traditional Chinese medicine and ayurveda.

Following clinical trials in Thailand that proved its efficacy, this herb is not only government-approved for this use, it is the preferred treatment in early stages of Covid-19 infections.

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YOUR HELP TO THE RESCUE

We needed more supplies to stay safe through the pandemic, and you delivered. Uniqlo, a new partner in 2020 that was prepared to outfit the staff with new uniforms, was among the first to provide surgical and cloth masks. Meanwhile, donations from around the globe helped fund new personal protective equipment.

In the months that followed, we received masks from Ibu Janet Molloy and face shields from Relawan Tulus. Alaya Resort, business neighbors to our Ubud headquarters, donated several gallons of hand sanitizer and 100 cloth masks. The Indonesian Breastfeeding Mothers' Association and Organisasi Solidaritas Pangan Denpasar donated surgical masks, cloth masks and face shields. Kopernik, a partner NGO, donated hand sanitizer, hundreds of hazmat suits, 500 surgical masks and face shields.

Additional masks and supplies were donated by Yayasan Kita Peduli Indonesia, Ibu Ika Dista, Ibu Ji Jing and Michelle Smith. We thank each of you.

These donations allowed us to continue essential work. But we made adjustments as necessary to comply with guidelines, such as suspending elderly yoga, reducing acupuncture clinic services to three days per week, and moving Youth Center classroom instructions online, which are currently temporarily suspended until schools reopen. Prenatal yoga, once held twice weekly at our clinic, migrated to an online-only class on our YouTube channel, thanks to instructor Wine Pramiyanti. Prenatal yoga is now being reintroduced with social distancing protocols in our big, open yoga shallah, with both Ibu Eva and Ibu Wine at the helm.

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PANDEMIC BABIES ARRIVE

Of course, babies continue to enter the world. While our halls are a little quieter than they used to be, we're still busy doing what we do best -- ensuring moms and babies are safe, that both have gentle care, that they bond through skin-on-skin contact, that moms know the importance of breastfeeding, that moms receive the nutrition and care they need (big thanks to Bali Direct for donations of fresh, nutritious vegetables), and that families return home with hearts full of joy.

This year, thanks to a partnership with Beauty Barn Indonesia, these families also went home with sensitive skin care products for new babies. All pregnant and postpartum mothers, at all of our locations within Indonesia have received Blackmores vitamins. With special thanks to PT Kalbe Nutritional and Blackmores Australia, we have been able to donate prenatal vitamins to mothers in need via the regional government Puskesmas clinics. Every Mother Counts deserves a huge

hug for providing funds to help us build an isolated delivery room for Covid-positive mothers in Papua, where the Covid crisis has hit Indonesia the hardest. Global Force for Healing twice contributed special funds to help provide PPE and other supplies needed to cope with the pandemic.

Each month of 2020, Bumi Sehat team midwives received more than 60 babies into the world. Additionally, our staff conducted more than 689 prenatal checkups per month, free or by-donation. When health authorities mandated that laboring women be screened for Covid-19, you answered our call for donations that allowed us to secure the lab equipment and tests to meet this new requirement. Thank you!

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LOOKING AHEAD

As this year's report is being drafted, a new strain of the virus is threatening a second wave of lockdowns and bringing continued economic hardship. Meanwhile, we are encouraged to learn that researchers in the Netherlands found Covid-19 antibodies in 2,700 samples of human breast milk. This brings a mix of hope and uncertainty, which seems to be the new normal.

No matter what lies ahead, we are prepared, thanks to your devotion. We will be here to help those in need. And as always, mothers will lead us to healing and the future. ❖❖



NEW CHALLENGES, NEW FACILITIES

IN LOMBOK, PAPUA & THE PHILIPPINES



Though Covid-19 was undoubtedly the global event of 2020, there were many other disasters affecting our clinic locations. These events have challenged facilities expansions and operations in progress, but our teams have persevered and served faithfully.

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LOMBOK CLINIC OPENED AND FULLY OPERATIONAL

For two years following the devastating 2018 earthquakes in Lombok, we provided disaster relief healthcare from tents. But battling the elements was ongoing, as our teams and patients there not only endured aftershocks, they faced repeated destruction as rain, mudslides and storms destroyed the tents where they lived and worked. When the floodwaters receded, our teams would dry up, clean up, repair and re-erect the tent clinic, and immediately resume patient care.

We had to enable our teams there with a proper permanent clinic to support patient care. And we did, thanks to Direct Relief International. Construction was completed in September, and our Lombok clinic is now open and operational.

Our deepest gratitude to Nurse Liman Wijaya, his wife Mimi and two daughters who weathered many hardships, including relocation from Aceh, in order to serve. Midwife and executive director Budi Astuti, her husband Bapak Tunjung, and Bapak Sandiyasa and Bapak Pastika who all worked tirelessly, from finding the ideal land in the area of greatest need, to overseeing the construction of the new clinic every step of the way. We are so proud of you all.

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ISOLATION BIRTH ROOM COMING TO PAPUA

Due to the significant need in Papua, we will be building an isolation birthing room for women who are Covid-19 positive to safely deliver their babies. We will be breaking ground in early 2021. This is made possible by Every Mother Counts, which not only answered our desperate call for help, they worked through Christmas week to secure the grant so we could take swift action to begin building.

This clinic serves indigenous and historically disenfranchised women of color, who are at a greater risk for higher morbidity and mortality in pregnancy and childbirth. Last year, two-to-six laboring moms per month were transported from Bumi Sehat to a public hospital for childbirth due to a reactive COVID-19 rapid test. These mothers suffer profound trauma, as this was not their choice. Our new isolation room will end this practice and provide a safe place for these women.

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PAPUA IN NEED

There is no way to soften the reality: Covid-19 has hit hard in Papua. For the first months of the pandemic, PPE/hazmat suits were not available at all in Papua. To remain open, the team wore heavy plastic rain suits in the equatorial heat.

The toll on staff has been immense. Four of our midwives there contracted the virus, and sadly our most senior midwife, Farida Salman, died from it. Executive Director Rachel Monoach and her husband Ronald lost their uncles Pastor Marcos and Pastor Erwan. Rachel's mother and auntie Ruth were still recovering from the virus when two more family members lost their battle for life.

Amid this loss, Rachel and Ronald went above the call of duty, and adopted a newborn abandoned at our clinic by a 13-year-old girl. They named their baby girl Rejoice Hiromi.

Despite such hardship and loss, our teams in Papua have worked tirelessly and enthusiastically to serve patients, and keep the clinic open 24/7. They have shown tremendous courage, perseverance and grace. And to ensure patients there continue to receive the best care possible from Bumi Sehat, have enacted socially distant and safe environments for childbirth classes, prenatal yoga and acupuncture. Construction continued on the new staff housing quarters and medical supply storage, which is now complete.



SECOND PHILIPPINES CLINIC TO OPEN IN APRIL 2021

The opening of our latest clinic in Palawan, Philippines has been a long time coming.

When in 2013, Typhoon Haiyan left the island of Leyte in utter despair, Bumi Sehat and Wadah Foundation partnered to become the earliest responders to the disaster. We did not plan to remain there permanently, but have established a permanent clinic there because of the incredible devotion of our midwives and team in the Philippines.

And then, as is often the case, another need called us to the island of Palawan. This island not only has the highest teen pregnancy rates on Earth, it receives refugees from small outer islands.

We broke ground there in 2019, and the Bahai Arugaan ni Maria mother child health center was completed in 2020. Unfortunately, strict lockdowns have made it impossible for us to open for patient care thus far. We project that we will be able to open this location in April 2021. Telus Foundation with guidance from Celina Agaton is helping make this dream come true.

Meanwhile, studies have shown that in 2020, teen pregnancy rates have continued to increase in the shadow of the pandemic.



PHILIPPINE WADAH TEAM RESPONDS TO DISASTERS

Storms continue to ravage the Philippines. Twenty-five named storms struck the Philippines in 2020, most notably Super Typhoon Rolly, aka Goni. This was the world's most powerful tropical cyclone of 2020, a Category 5 with sustained winds of 225 MPH and wind gusts up to 310 MPH.

The island of Luzon was devastated by torrential rains, violent winds, mudslides and storm surges. These conditions destroyed or damaged homes and businesses. They also disrupted early warning services, along with water and electrical services. Agriculture and livelihoods were severely affected. On the slopes of volcanic Mt. Mayon, the storm caused a lahar flow (volcanic ash mixed with mud) that resulted in the near total destruction of the village Bicol, where more than 300 homes were buried.

Only a few days later, the Category 4 typhoon Ulysses, aka Vamco, struck the island of Luzon, throwing the entire region into deeper despair and severe flooding. In the wake of these typhoons, hundreds of thousands of Filipinos were evacuated to emergency centers -- even while the people were meant to follow social distancing and lock down precautions to guard against the Covid-19 pandemic.

Bumi Sehat Wadah Philippines responded to these disasters with food and potable water relief for the survivors. Thank you to our teams working with compassion in the Philippines. ✨





TACKLING FOOD RELIEF AS ECONOMIC DEVASTATION LEAVES MANY HUNGRY

While Bumi Sehat operates in locations across Indonesia and the Philippines, it was Bali that was disproportionately affected by the overnight disappearance of tourism on the island.

Prior to the pandemic, a booming tourism industry lured people into hospitality careers, working in hotels, restaurants, spas and transportation. When borders closed around the world, whole swaths of the job sector was crippled. More than half of Bali's workers were left jobless, and created a hunger crisis that only worsens as the pandemic stretches into 2021.

Countless organizations have helped us identify needy populations and deliver food. This includes the elderly, single and widowed mothers, those at high-risk from HIV/AIDs, pregnant and breastfeeding mothers, and families in rural villages of the North, where the 2017-2018 eruptions of Mount Agung disseminated farmland.

While donations from people far and wide have helped support these efforts, we'd like to recognize the efforts of individuals and organizations who went above and beyond.

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- ◆ **In honor of World HIV Day**, we worked at Sukawati School with KSPAN, an organization that cares for children with AIDS and narcotic problems, to bring nutritious food and health checks to children with HIV/AIDS. On this day, we also prepared and distributed 150 boxed lunches for waste processing workers in Temesi Village. Special thanks to Romo Joseph, Ibu Yuyun and Rumah Retreat Biara Karmel Bedugul for vegetables, Ibu Jenni and Bapak Victor for fish. Team Bumi Sehat did the cooking.



- ◆ **Thank you to Ibu Aska and Earth Company**, who funded the first wave of SAMBAKO (basic food packets containing rice, noodles, sweet potatoes, eggs, oil, vegetables), to make sure more than 200 families didn't go hungry. Earth Company also provided basic foods for families in Karengensem.
- ◆ **Goddess Kitchen** made food packages for vulnerable women and children. Each week, this amazing organization feeds over 200 at-risk families and 40 elderly women who are on their own, with no family to care for them. We continue to ask supporters in the Ubud area to drop by our clinic with donations of non-perishable food items, such as rice, noodles, oil, eggs, canned fish and fresh vegetables. Thank you to the donors and the wonderful team at Goddess Kitchen for their incredible work.



- ◆ **Ibu Susan Symanski** helped us provide SAMBAKO to families in Temukus and Pemuteran Village near Mount Agung. In this area, not only have family farmlands been destroyed by volcanic eruptions, reducing their food supply, they must wait for rain to fall to have enough for their daily needs.



- ◆ **Thank you to Room4Dessert** for the support in feeding our elders nutritious lunches (two times per week).
- ◆ **Thank you to Bali Direct**, which has been providing fresh nutritious veggies for our patients and staff kitchen, plus a mix of beetroot, watermelon, carrot, and lemon to provide fresh juice for new moms, which is full of nutrition to boost mom's breastmilk and immune system.
- ◆ **Annika Linden Center** gave us 30 packages of fresh veggies to donate to Bumi Sehat patients. Thank you for your kind support.





- ♥ Resident rockstar **Gede Robi**, along with his band **Navicula**, and with the support of fans, brought us farm-fresh veggies to donate to Bumi Sehat patients.
- ♥ Thank you, **Element by Westin Bali Ubud**, for donating 50 packages of rice, eggs, cooking oil and noodles to HIV families in need.
- ♥ Thank you to **Bapak Ramli and Ibu Jane Fischer** for providing purple sweet potatoes, eggs, rice, and cooking oil for those in need.

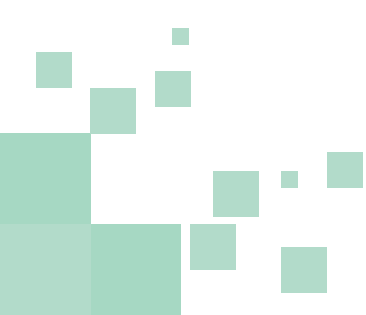
- ♥ Thanks to a collaboration with plant-based, whole-food delivery organization **Nusa Tonic Kitchen**, we distributed some 20 food packages and vitamins weekly (three times per week) to elderly residents of Nyuh Kuning, home to our mothership headquarters. This collaboration also helped provide health checks to these populations, which includes many who are blind, have difficulty walking, and battle other health issues.



We hope we haven't missed anyone who helped us meet these needs. Our deepest gratitude to all that donated food, funds, love and support to our efforts. We hope that you will support these businesses who have given so much to us and the communities we serve.



bellies inc. **INDONESIA GOLF CLUB** **JAKARTA**
vitamin angels **the Bali Buda**
株式会社日ノ樹 **Hinoki Co.,Ltd.**
SAKTHI FOUNDATION **m & n a**
Nadah **1066 STEEL**
HeathOne **Direct Relief**
PT. Sanatana Dharma Cahaya **HUSA TONIC**
TREESA MCLEAN **NAVICULA**
EARTH COMPANY **bali kids** **CARRY FOR KIDS**
DEBRA PASCALI BONARO **DEBRA PONEMAN** **CAROLYN HYON**
Hannelore Josam - HAP FOUNDATION **JUSTINE VAN DER WATT POP-AY FAMILY**
Anna Beck **KATYA & GIL PETERS** **JULIENNE ABRAMOWSKI** **JOSHUA WAJE** **LEANN ERISON** **JOE DESANTIS** **HEMMERLE FAMILY** **ERMIONE CIEL**
HARI YUYUN **JANET ELLEN MOLLOY** **HARI JADI RAMLI** **EMMONE CIEL** **VICTORIA GAGARINA** **BALDIVIS LIOHNS CLUB**
BRENDAN KINTON **BARBARA & PAUL HOLDEN** **BRIDGET LYNCH** **ERMIONE CIEL** **ERMIONE CIEL** **ERMIONE CIEL**
MARGO BERDESH **ASKA & TOMO HAR** **ADJ WIJAYA GANI** **Jo Shakti** **MARGO BERDESH** **ADJ WIJAYA GANI** **Jo Shakti** **MARGO BERDESH** **ADJ WIJAYA GANI** **Jo Shakti**
AVIVA & TRACY ROMM **ANASTASIA** **ANNA BORSTYAKOVA** **ANNE BUHRFEINDT** **ANINA BEDEL** **ANINA BEDEL** **ANINA BEDEL**
BRENDA RITCHMOND **BAPAK FRANK & BRAHMA KUMARIS FAMILY** **CLAUDIA KUMMERT** **DR. JEAN LAURENCE** **DR. JEAN LAURENCE** **DR. JEAN LAURENCE**
ERIC GONZALEZ (EMPATHY SCHOOL BALI) **FRED CRAVES FAMILY FOUNDATION** **ERVEN GS VAN BOETZELAER** **ERVEN GS VAN BOETZELAER** **ERVEN GS VAN BOETZELAER**
DEBORA PASCALI BONARO **DEBRA PONEMAN** **CAROLYN HYON** **CARRY FOR KIDS** **NAVICULA** **NAVICULA** **NAVICULA**
PT. SANATANA DHARMA CAHYA **TREESA MCLEAN** **HUSA TONIC** **NAVICULA** **NAVICULA** **NAVICULA**
WADAH **1066 STEEL** **HEALTHONE** **DIRECT RELIEF** **BALI KIDS** **CARRY FOR KIDS** **NAVICULA** **NAVICULA** **NAVICULA**
YAYASAN KITA PEDULI INDONESIA **TRACY ROCHESTIE** **ANNA BORSTYAKOVA** **ANNE BUHRFEINDT** **ANINA BEDEL** **ANINA BEDEL** **ANINA BEDEL**
MATTHEW THE RAPPING PROFESSOR **YAYASAN KITA PEDULI INDONESIA** **TRACY ROCHESTIE** **ANNA BORSTYAKOVA** **ANNE BUHRFEINDT** **ANINA BEDEL** **ANINA BEDEL** **ANINA BEDEL**
AVIGNE **ANINA VSEKHSHVITSKAYA** **ANINA BEDEL** **ANINA BEDEL** **ANINA BEDEL** **ANINA BEDEL** **ANINA BEDEL**





YOUR DONATIONS MAKE IT ALL WORK

We are always humbled by the generosity of our supporters. But this year was different. With so much hardship around the world, it felt particularly difficult to ask for your help. And so we were truly humbled when so many of you responded.

We had braced for extreme hardship as an organization -- potentially closing clinics and reducing services -- but with your support, we avoided such a fate. So we'd like to give special acknowledgements to donors big and small for their kindness and love.

Earth Company

Earth Company, a Japan-based organization operating Indonesia that empowers and inspires change-makers and strengthens social purpose organizations, is a significant and longtime supporter of Bumi Sehat. Co-founders Tomo and Aska Hamakawa this year partnered with us to deliver on so many needs. They helped us in providing basic foods to our patients, donated funding for critical operations and helped with other needs and support. We were also happy to help Bapak Tomo and Ibu Aska welcome

another baby into their lives, with the hands of Bumi Sehat midwives. Learn more about them at earthcompany.info.

Rumi-Shiva Family

Somehow the Rumi-Shiva Family knew our need for funding had become so dire that Ibu Robin was not sleeping and wondering from where the money would come. The phone rang at 3 a.m. saying they heard her quiet prayers, and that they were happy to be instruments of peace and healing by making generous donations from the heart. In 2019, they also funded the Hanuman Play Garden that brings so much joy to our village children.

Melting Pot Saloon

This Ubud restaurant is always devoted to helping Bumi Sehat. We really appreciated that they donated proceeds from their tenth annual chili cook-off to benefit our patients. We always love their burgers, and the chili was pretty tasty, too. Visit them in Ubud or at meltingpotbali.com.

Moms Who Became Supporters

We love when our moms give back, perpetuating a lifecycle of support for new patients. This year, we were visited by Ibu Dahlia Poland who gave birth to second daughter, Rose, at Bumi Sehat. While she was awaiting her third baby, she donated operational funds, plus breast pumps, steriliser, baby wipes, breast pads and other supplies for less fortunate moms. We were also happy to see Ibu Christy and Bapak Rizky, parents to baby Oxytocin Magnificent -- our most incredibly named baby of 2019 -- return to donate baby clothes, infant face shields and special treats for our birth attendants. Ibu Ingrid Damyanty, while juggling two beautiful children, provided baby wearing classes and translated books for our Indonesian mothers. Ibu AliSun Hopkins organized the Ubud Mothers Support Group. And we had several Bumi moms who donated breast milk for our breast milk bank. We are so fortunate to have moms continue their love and support, and these are just two examples of many.



Kopernik

Indonesian NGO Kopernik was heroic in the early days of understanding what was needed to function as a medical facility during a global pandemic. They provided hazmat suits, face shields, personal protective equipment,

disinfecting and sanitizing supplies, plus healthy, effective hand sanitizer. Whenever we had a need, Ibu Ewa and Team Kopernik helped without hesitation. Thank you! Learn more about their work at kopernik.org.

Olga Valyaeva and Alexey Valyaev family

Ibu Olga and Bapak Alexey family and friends contributed so generously to operational funds month after month. Operational funds are the hardest to secure, as they are typically excluded from grants. So we found ourselves overwhelmed with gratitude by their love and support.

Mamamoo & Revolutionary Birth

With doulas Yurin of Malang and Alia of Jakarta, and all the mothers of these two organizations, we received six crates of needed baby clothing and supplies for Bumi Sehat moms, just when we needed them. Learn more by visiting Instagram @ [mamamoo.id](https://www.instagram.com/mamamoo.id) and @ [revolutionarybirth.id](https://www.instagram.com/revolutionarybirth.id).

Stay Human

Michael and Sara Franti, who have been donors since 2007, this year released Stay Human, a documentary film that prominently featured the work of our founder Ibu Robin and Bumi Sehat. This film had a world premier on YouTube in April. Projects like these are not only critical to maintaining public visibility into the work of Bumi Sehat, they offer inspiration and optimism that we all needed this year (and always). Learn more at michaelfranti.com or watch the film on iTunes and Amazon Music.

Lyn and Geoff Leedar

How do you thank a family who has been devoted to Bumi Sehat for many many years? All we can do is say terima kasih. Ibu Lyn you have been the most amazing recycler in the world, turning scraps of cloth into beautiful bags and quilts, then marketing them for the benefit of Bumi Sehat. We feel your love in every stitch.



Ein Herz für Kinder

This Germany-based, international aid organization has generously funded multiple important projects this year, including new HIV testing equipment, essential reagents, a urine and blood analyzer for our lab, cryosurgery equipment. They also contributed a much-needed generator to power clinic lighting at our Bali mothership clinic, where we often face electrical blackouts and brownouts.

This organization also funded continuing education for our medical team, including intensive seminars on breastfeeding with the Indonesian Breastfeeding Mothers' Association, nutrition for mothers, HIV awareness, postpartum hemorrhage prevention and control, gentle childbirth with Bidan Yesie Aprillia, basic accounting training for finance, effective coordination and communication training for all units, early detection of cervical cancer and cryosurgical training. Coming in 2021 will be neonatal resuscitation training, thanks to this organization. These wonderful programs help ensure our teams can provide patients with the highest standards of care, which we take great pride in.

Ein Herz für Kinder also saved lives by funding cancer screening programs, including breast cancer evaluations and "See and

Treat" program for early detection of cervical cancer. We found that four-to-five of every 20 women we tested had cancerous or precancerous cells, which were detected and treated thanks to these funds. Women with cancerous or precancerous cells received immediate cryosurgery at Bumi Sehat. Follow-up has shown 100% success in eliminating the cancer for these blessed women. Learn more at ein-hurz-fur-kinder.de.

Waterbom

We have enjoyed support from Bali waterpark Waterbom for several years. This year, we were given a special gift when, amid public closure due to the pandemic, Waterbom gave Bumi Sehat staff and families a private day at the park for fun and laughter and even some waterslide-induced screams. A good time was had by all who attended. Visit them in Bali or at waterbom-bali.com.



Beauty Barn

Our partners at Beauty Barn have been helping new mothers feel special by providing chemical free Mother and Baby beauty products for our postpartum gift packages. Terima Kasih. Visit them at beautybarnindonesia.com

Ibu Ana Pincus and HAP Foundation

Blessings of gratitude for your generous gift. We welcome your family to Bali. Terima Kasih.

Volunteer and supporting BirthKeepers

In addition to our wonderful BirthKeepers who work at our clinics, we are also fortunate to have so much love and support from midwives, doulas and advocates around the world. Debra Pascali-Bonaro and Megan Stark, while uplifting the lives of MotherBabies on an international scale via the International Childbirth Initiative and advocacy and training of doulas, managed to consistently contribute to Bumi Sehat. Doulas and BirthKeepers who help support Bumi Sehat moms include: Ida Nystrom; Giuditta Tornetta; Red Tent Doulas under the loving guidance of Nicola Mahdiyyah Goodall; Nicole Heidbreder; MBCDoulas mothered by Rivka Cymbalist; Reena Roy; Mia Mary Ming Wise Chung; Debora Flowers; Stacy Fletcher Gunter; Gudrun Von Selzam; Nadine Wetterau; Nikki Kruse; Maria Konovalenkova-Smith; Atta Melvin; Sydne Fouche; our prenatal yoga instructors Wine Pramiyanti and Eva Anggraini; doula Saffira Barrett who

went above and beyond the call of duty in a million loving ways; and doula Marie Elena Eisele. Marie also cooked for mothers, tirelessly encapsulated medicinal herbs, co-authored the Natural Family Planning Workbook with Ibu Robin, translated Bumi Sehat materials into Spanish, and was the best Kitchen Witch. Thank you so much to all of you for supporting Bumi Sehat in so many ways.

Blackmores Pregnancy and Breastfeeding GOLD

Multivitamin and mineral supplement has been a special blessing. since our pregnant mothers in Bali, Aceh, Papua and Lombok have had the benefit of Blackmores, we see less complications of childbirth. Special cooperation with Vitamin Angels and Kalbe has made the miracle possible. Terima Kasih.



Direct Relief

When disaster strikes, Direct Relief is first to call us to offer help. Over the decades they have moved heaven and Earth for Bumi Sehat. In 2019, Direct Relief funded the construction and completion of Bahai Arugaan ni Maria childbirth clinic in Palawan, Philippines. In 2020, Direct Relief provided all the funds to build the new Bumi Sehat Lombok community health and childbirth clinic. When a well fails, when a windstorm destroys a clinic, we call Gordon Willcock who heads up support for Asia Pacific and the regions down under. How do you thank an organization that has survived catastrophic earthquakes, typhoons, volcanic eruptions and pandemics with us? We touch Earth, bow our heads, and say... Terima kasih. Learn More at directrelief.org



GlobalGiving and you

This year, we embarked on a new fundraising initiative with GlobalGiving, a nonprofit fundraising platform that provides additional funds to nonprofits if certain goals are achieved. We ran multiple campaigns in 2020 to secure general funds, fund lab equipment, fund HIV and Covid-19 rapid tests to expectant mothers and other patients, and supply personal protective equipment for our staff. It was a significant team effort for the administrative, media and marketing teams, so thank you to those of you who made this campaign such a success: Ibu Eka Yuliani, Trisna Moalisa, Erna Libya, Agus Aristana, Ibu Liz Sinclair and Kimberly Morrison.

We have two ongoing campaigns that still need funding. One is to provide additional funds to our Lombok clinic where an earthquake in 2018 left 417,000 displaced or homeless, far too many of which are still living in tents and cannot afford basic food and care. The other is to support indigenous women at our Papua clinic, which has been disproportionately impacted by Covid-19 and threatens access to safe childbirth. Please visit globalgiving.org to donate.

Ermione Ciel, Monsieur Spoon and Daily Baguette

Each small act of kindness means so much to our staff, especially amid the long hot days in PPE and facing so much uncertainty. So we greatly appreciate delicious bakeries Ermione Ciel, Daily Baguette and Monsieur Spoon for dropping by with incredible cakes, baked

goods and other food for our hard-working staff. Visit them at their locations or at @ermione_ciel or @daily_baguette or @monsieurspoon on Instagram.

Uniqlo

We are grateful for the loving care of Uniqlo, for giving each new Bumi Sehat baby a set of beautiful clothing from their line. Also Terima Kasih for wonderful staff uniform t-shirts. This is smile medicine, making each family and each Bumi Sehat front liner feel special. Shop at uniqlo.com

Yayasan Peduli Kemanusiaan

On Mother's Day, this Bali-based not-for-profit that provides rehabilitation for disabled Balinese people, came to Bumi Sehat with ear, nose and throat specialists to conduct hearing assessments for mothers, babies and children. Additionally, they helped us with physiotherapy and baby growth and development examinations. Learn more about their wonderful work at ypkbali.org. ❖❖





HONORING OUR LOST SOULS

It bears repeating that indigenous populations and people of color are disproportionately impacted by disease, and Covid-19 has been no different. We know this to be true, and we have seen this in intimate and tragic ways in 2020 with the loss of staff and donors.

BIDAN FARIDA SALMAN

While four of our Papuan midwives contracted Covid-19, Bidan Farida Iriani Salman lost her life from it. Farida, a senior member of the Angel Hiromi Bumi Sehat team in Papua, had been a midwife for more than 20 years. She worked tirelessly to reach women in need, often visiting patients at home who did not have the means to get to the clinic, traveling by land and water to conduct checkups and keep mothers and babies safe.

Farida stayed in the home of Ibu Robin in February, visiting our Ubud midwives, and furthering her birthkeeper education to better serve her community. Months later in July, she was fatally struck with the virus.

Thank you to midwife Augustine Colebrook who led a Gofundme fundraiser for Farida that raised more than \$2,000 to help support her grieving family. Farida leaves behind three daughters, her husband, and a legacy of thousands of families she has assisted in her mission to bring safe midwifery to the island tribes in Sentani, Papua. Our hearts go out to her family and sister midwives, and we thank her for her service to Bumi Sehat and the families we serve.

[Continued...](#)



SPECIAL FRIENDS OF BUMI SEHAT

There were so many losses in 2020 that we take pause to remember.

Delwyn Nicholls was beloved to our midwives and doctors as “Deli.” We will always remember her as a skilled and loving teacher of ultrasound skills. She traveled many times with Australasian Society for Ultrasound in Medicine team and its president Sue Westerway, to bring much needed donations and increase our skills as BirthKeepers.

Board member Bapak Ketut Bagia, one of our original devoted board members, died suddenly and peacefully at home. Bapak Ketut Kiyeng, whose family has been involved in Bumi Sehat for all of its 25 years, was taken suddenly this year as well.

For decades, Bumi Sehat has been given a special boost with blessings of love and generosity from the heart of nonprofit organization Peduli Bali, thanks to the heart of Ibu Lyn Ellard. Rest in peace and power Ibu Lyn.

Marilyn Carson was the heart of Bali’s Rotary Clubs, working diligently to improve educational opportunities for school children in Bali, especially girls. We will always remember how you helped us through the tsunami disaster when the Rotary funded the building of the Bumi Sehat clinic in Aceh. Even in the last months of your life, you worked with Ibu Jenni Caroline Maria, Ibu Anita Lococo, Oliver Gehlen and Farquhar Stirling to bring significant funding to Bumi Sehat’s lab, generator and continuing education programs.

Claudia Booker you are not with us anymore, but you will never be forgotten. You were devoted to human rights for MothersBabies, especially People of Color, who suffer from disparities in healthcare. Your volunteer services at Bumi Sehat in Indonesia and the Philippines has left us with beautiful memories, maraming salamat, terima kasih, for living an outstanding life. ❀

TORU ISHIGURO

We were also deeply saddened by the passing of Toru Ishiguro. He was a beautiful and generous donor, whose longtime support of Bumi Sehat contributed to so many efforts.

He was the father of Aska Hamakawa, co-founder of Earth Company with husband Tomo, who were devastated by his passing from Covid-19 in May. Toru lived in Tokyo where he left behind beloved wife Kazumi and seven grandchildren.

Torusan leaves a legacy of defending human rights, both in his professional career as a respected lawyer and leading practitioner in the field of global capital markets, and his personal life. Among many efforts, he worked to legalize same-sex marriage in Japan and on behalf of LGBT rights in Asia. He also notably purchased entire mountains to protect the endangered species that called the land home, and the ecology that made it so worthy of protection.

His generosity routinely supplied operational funds, which are the hardest thing to secure funding for, as these are often excluded from grants. We thank him for all his blessings on Bumi Sehat and send our love to his family.



OPERATIONS AND FACILITIES UPDATES

SCHOLARSHIPS

We are so proud of all our scholarship recipients who are furthering their education in nursing, midwifery, pharmacy and tourism -- and so grateful to the generous donors who helped make these dreams come true.

Special thanks to Jenny Burger Foundation for caring so much and supporting two of our scholars Putra Widura and Yogik Prayoga as well as Alisson and 1066 steel for Yunda Candra Dewi through nursing school. Congratulations Agus and Putra for recently finishing nursing programs. Aska and Tomo Hamakawa, bless you for your loving support of Kadek Devi Ariyani to achieve her dream to become a nurse.

Putu Padmi, we know you will become a gentle and skilled midwife. Agus Suwidnyana, we are so happy that your higher degree as an acupuncturist is coming along.



Intan Indayani, blessings on your dream to become a pharmacist. Wayan Apritosi, your passion for tourism will take you far.

The Bumi Sehat Scholarship Program is just one way we give to the future and hold dreams sacred, with the coordination and support of the education department of Bumi Sehat Foundation.

Thank you also to senior midwives Nevi Kusraeni, Jero Nyoman Susanti and Ibu Wayan Sudarni for obtaining continuing education to go the extra mile to better serve our Mothers and Babies. ❀



BUMI SEHAT ACEH

Sixteen years after the Indian Ocean tsunami shocked the world, taking hundreds of thousands of lives, we raced to Aceh as first responders. We remained there, making it our second clinic location. Today, this clinic remains a beacon of healing hope for the people.

Our team in Aceh completed repairs on the clinic in 2020. They remained open 24/7 providing healthcare both onsite and remotely in the far-flung areas, responding to calls for help no matter how flooded or broken the road may be.

Under the leadership of Dr. Eman, the scars of the people of Aceh are healing. Children who survived unspeakable trauma are growing up strong and gentle. Close to the shore, team Bumi Sehat Aceh looks to the sea and prays for peace.



BUMI BABIES!

Our Bumi Sehat family grew this year, with the addition of 10 new babies from our staff. Bumi Sehat team Midwives who became mothers in 2020: WayanSudarniati (Yanik) (midwife), Widya Yunita (midwife), Wayan Ari (midwife), Nurul (midwife), Erni Budiyan (lab tech), Erni Endrayanti (lab tech). Kadek Meilawati (extended Bumi family), Gede Sulila Dharma (bookkeeping), Della Miranti (nurse), Ibu Aska (extended Bumi family). Coming in 2021: four more babies to welcome to our family.



HANDWASHING WORKSHOP

To help support Covid-19 sanitation among our children, Bumi Sehat led a handwashing workshop for the kindergarten children of Nyuh Kuning Village. Thanks to Dr. Dayu Patniari, Ibu Eka Yuliani and the fabulous Bumi Sehat nurses, it was a big hit.

BY THE NUMBERS



PATIENT STATISTICS

BALI

PATIENT CARE	
Babies born	375
Prenatal check-ups	4,156
Postpartum care	486
Neonatal care	519
Doula services	78
Pediatric care	73
Community health patients	738
General medicine	7,094
Free medicine distributed	6,629
Blackmores Vitamins distributed	2,987
Free Chinese Herbal Medicines distributed	503
Family planning patients	44
Acupuncture treatments	1,659
Ambulance transports	38
Lab check-ups (blood and urinalysis)	2,778

YOUTH, COMMUNITY HEALTH AND SPECIAL PROGRAMS

See & Treat (cervical cancer detection)	129
Cryo surgery	8
Breast check-ups (cancer early detection)	129
Community massage (adults)	256
Posyandu (under 5 child health evaluations)	600
Youth Center: Computer students	72
Youth Center: Language students	471
Student Full Educational scholarships	12
iStar leadership activities	104
Prenatal yoga (class students, pre Covid-19)	677
Prenatal yoga (online views, post Covid-19)	2,400
Elderly yoga attendance	44
HIV/AIDS counseling patients	480
Emergency support (paid hospital bills, cremation)	1
Baby wearing classes	8
Childbirth preparation classes	134

COVID INITIATIVES

Free masks distributed	621
Free meals distributed	2,550
Food packets (SEMBAKO) distributed	377
Sambiloto (packets) distributed	398
Covid-19 Rapid Tests	597

OTHER	
Capacity building for Midwives, Nurses and Medics	187
Clinic tours	206
Free gifts: Baby carriers	322
Free gifts: Baby layettes	322
Free gifts: Ibu Alami (book)	746
Free gifts: Anak Alami (book)	422
Free gifts: Bidan Alami (book)	306
Free gifts: ASI Eksklusif (book)	498
Free gifts: Natural Family Planning (book)	422
Free gifts: Ibu Alami (book)	33

TOTAL | 41,689

PAPUA

Babies born	159
Prenatal check-ups	631
Postpartum check-ups	318
Lab check-ups	264
Neonatal evaluations	159
Family planning patients	82
Medical home visits	128
Vitamins distributed	563
Nutritious meals for moms	148
Ambulance transports	40
Pregnancy exercise	650
Covid-19 rapid tests	228
Acupuncture treatments	98

TOTAL | 3,468

LOMBOK

General medical appointments	790
Prenatal care	107
Babies born	4
Postpartum appointments	37
Newborn check-ups	42
Children and infant check-ups	127
Medical home visits	182
Free medicine distributed	966
Vitamins distributed	1,038
Ambulance transports	28
Family planning appointments	67
Health education	692
Free masks distributed	405
Health evaluation and temp check	1,789

TOTAL | 6,274

PHILIPPINES

Babies born	122
Pregnancy check-ups	249
Postpartum check-ups	122
Neonatal evaluations	137
Vitamin K and Hepatitis B vaccines	244
Prenatal vitamins	249
Hospital transports & Ambulance	147
Family planning patients	12
Typhoon relief	541
Vitamins distributed	250
Rice packs distributed	350
Hygiene packs distributed	50
Humanitarian assistance extended	64
Meals served to scholars	1,701
Scholarship grants	37
Scholarship assistance	20
Performing arts scholarships	100
Support at National Rhythmic Gymnastics Competition	20
Language tutorials	30
Phone tutorials	15
Educational devices	2
Assistance to senior volunteers	24
Community event attendees	300
Mobile theater recruitment and training	350
Construction of homes and toilets for clusters of indigent families	64
Charity concerts by our scholars	5
Fitness campaign (Zumba sessions)	44
Coastal clean-up drives	14
Rain collector installations (for water supply)	3
Vegetable seedlings planted and distributed	2,107
Facilitation of community development activities	11
Spiritual activities/events	3
Facilities constructed	4

TOTAL | 7,391

ACEH

General medicine	11,381
Babies born	63
Prenancy check-ups	3,129
Postpartum appointments	126
Neonatal evaluations	63
Vitamins distributed	900
Medical home visits	340
Overnight patient stays	60

Transports to hospital	79
Ambulance trips	354
Pregnancy exercise	311
Youth Center students	32

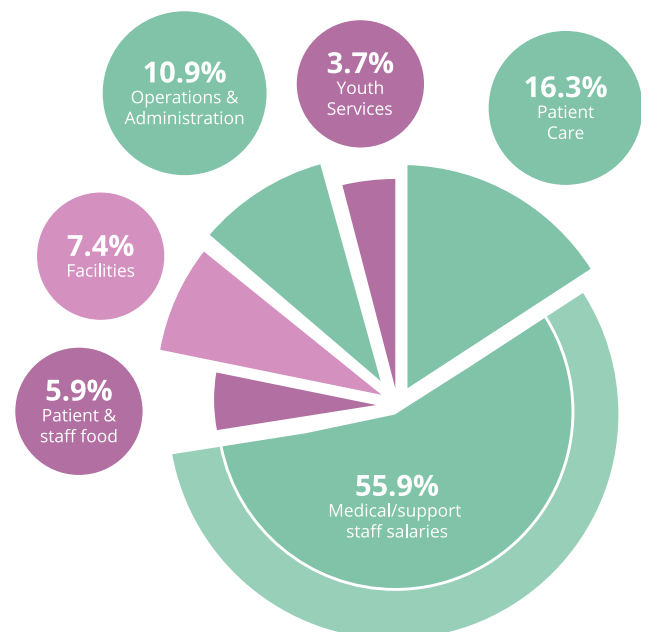
TOTAL | 16,838

Total 2020 Babies born in all clinics 723
 Pregnancy check-ups 8,272
 Total 2020 health, education, and human services 75,660



FINANCIALS

2020 BUDGET ALLOCATION





OUR TEAMS





HOW TO HELP

HOW YOU CAN HELP SUPPORT US NOW AND INTO THE FUTURE

If you'd like to support Bumi Sehat, there are many ways you can help.

Our most urgent need is for financial support to assist with operating costs, which most philanthropic organizations will not fund. Our services are free to the communities we serve, and only a fraction of this cost is offset by the donations we receive from our foreign patients.



Keep in mind that you may donate in any amount – even set monthly recurring donations. And it doesn't take much to make a big impact in someone's life. For just \$22, you can provide a mother and baby with a pre-natal or post-natal midwife and doctor's visit. For \$200, you can cover the entire cost of a baby's gentle birth.

You can make a donation at any time by visiting our website, bumisehat.org.





SPECIAL INITIATIVES

You can direct your donations to specific initiatives if you prefer to do so. You can support our Endowment Fund or our Disaster Relief Fund.

An endowment fund is a special fund that will ensure a stable future for years to come and future generations. With an ultimate goal of securing \$1 million, we have launched our 1,000x1,000 campaign, calling on 1,000 generous individuals to donate \$1,000 each to help us on our way to a secure future.

As global and natural disasters are a permanent reality in the tropical locations where Bumi Sehat operates, we have established a separate Disaster Relief Fund to ensure we are always prepared to respond. You can allocate any amount to this fund to ensure your donations are used to help when disaster strikes.

WAYS TO DONATE

We have many ways to receive donations. You can make a donation through our website by credit card or PayPal. If sending within the USA, you can mail a check to Bumi Sehat Foundation International at 25 Colby St., Barre, VT 05641.

If sending internationally or within Indonesia, you can donate via bank transfer to Yayasan Bumi Sehat, Ds. PKR Nyuh Kuning via the bank PT Bank Negara Indonesia, Denpasar KLN Ubud branch. You'll need the following information:

- ♥ Bank address: Jalan Gajah Mada, No. 30, Denpasar, Bali, Indonesia
- ♥ Indonesia account: 117 765 425 (In USA, use 117 766 133)
- ♥ SWIFT code: BNINI DJADPS

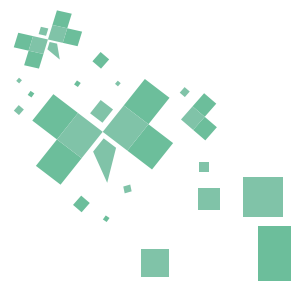


ABOUT BUMI SEHAT

Yayasan Bumi Sehat, which means “Healthy Earth Mother Foundation,” is a not-for-profit, 501(c)3 registered organization in the United States of America, with headquarters in Bali and operations throughout Indonesia and the Philippines. Our organization was founded in 1995 based upon three principles: Respect for nature, respect for culture, and the wise implementation of the science of medicine.

Today, Bumi Sehat operates six community health and childbirth clinics, provides youth and community education services, and responds to disasters and other population health needs. Our clinics are located in Gampong Cot, West Aceh (Indonesia); Sentani, Papua (Indonesia); and Gunung Sari, Lombok (Indonesia); Leyte (Philippines); and Palawan (Philippines).

In all our endeavours, Bumi Sehat advocates for marginalized, displaced, low-income people from all islands, faiths and cultures, with a strong focus on gentle birth for mothers and babies. We believe that access to quality healthcare, especially reproductive healthcare, is a human right. We believe that each individual is an essential societal component of peace. Our vision is that by caring for the smallest citizens – babies at birth – we are building peace. One mother, one child, one family at a time.





bumi  sehat