

# 2017 Annual Report by ibu robin Lim







#### Dear Bumi Sehat family,

Where to begin to share our recent days and nights with you? 2017 has passed into history and it is my honour and pleasure to report all that was accomplished by Bumi Sehat during the year.

The numbers, in the tens of thousands, of patient care, education and human services, are only part of the story. The real story of our humanity is in the faces of the people we serve.





Any of you are probably wondering how the Bali volcano is doing. We do have eruptions every few days; small, gentle effusive eruptions. This is good news; as the volcanologists recently reported that these small eruptions help to release pressure from the volcano's magma dome.

## If Since evacuations began last September, Bumi Sehat has been sheltering 130 evacuees from the volcano's summit...

Thank you Ibu Rani and family, for the use of your buildings. We prioritized pregnant mothers evacuated from Mt. Agung and their families. We did not wish for anyone to be separated from their loved ones as they awaited the birth of a baby.

Although many of our evacuee mothers have already given birth, they remain in our shelter grateful for the care and imbued with a greater feeling of safety, in that our village of Nyuh Kuning is 30 kilometres away from Mt. Agung.

Bumi Sehat has ongoing activities helping to mitigate the suffering for over 25,000 people in the evacuation camps, and uncounted numbers living with relations in many of the dispersed, and some unregistered, camps. In October 2017, evacuations peaked at over 140,000 people displaced from their homes and farms, who were living in the shadow of Bali's very active volcano.

IMAGES: Refugee children shelter with their families at Bumi Sehat clinic in Ubud.



We bring doctors, midwives, nurses and our traveling support team. All care, including evaluation, diagnosis, and medicines are administered with love and compassion and provided free of charge.

Bumi Sehat volcano relief activities include Community Outreach/Medical Missions, such as: We distribute food, water filters (with the help of Kopernik and IDEP Foundation), solar lights and hygiene kits.

We identified entire camps where families were sleeping on cement floors and, because our donors care, we were able to act quickly, giving families mattresses, sheets, pillows, towels, and mosquito nets.

Blessed by the devotion of Jane and Andy Fisher, Bumi Sehat was able to distribute 10,500 (N95) masks to help prevent lung damage as a result of breathing volcanic ash and gases. Children in particular, must have properly fitted N95 masks to be effective.

Bumi Sehat, along with Ibu Jane, developed and distributed educational videos on hygiene and on the proper use of N95 masks; to help evacuees be more prepared in the event of a larger eruption.

These are all part of our vision and goal to help mitigate the current humanitarian crisis being experienced by so many displaced people.

# Mt. Agung, Bali Alert Level Update...

D ue to the lowering of the Mt. Agung alert level on 10 February 2018, all but 25 of the volcano evacuees staying at Bumi Sehat have returned to their mountain homes. Many of the family farms are only three kilometres from the magma filled crater – it was a difficult decision for them to leave. Concerned authorities may force them down again, for they live within the dangerous 4 km exclusion zone. For now, their decision was to try to reassemble their lives.

# *Mt. Agung alert level reduced from highest warning level 4, Awas, to level 3, Siaga...*

The pregnant evacuee mothers have all had their babies now. We especially worry about the effect of sulphuric gasses, should the newborns and small children be exposed.

The very valuable drone, which carried equipment to measure the release of volcanic gasses, was recently lost in mid-flight. The Rendang Volcano observation centre was hit by lightning, which harmed the seismograph. Fortunately the seismograph is back on the job, measuring earthquakes and tremors.

The children were unhappy and afraid to return up mountain. Volcanologists warn that Mt. Agung is still very much a threat. Within hours of their return, a small effluent eruption occurred, a reminder that our volcano in Bali is very much active.

All of the Bumi Sehat evacuees wish to return to us, should the threat of eruption increase again. Team Bumi Sehat will continue to give medical support to the remaining volcano evacuees in over 100 camps. We wish to THANK all of our Bumi Sehat Family, for being Heroes during this humanitarian crisis in Bali.



am so sad to share some news with you... Ibu Dewa Rutini, one of Bumi Sehat's senior midwives, passed suddenly on 11 January 2018.

Ibu Dewa died from lung cancer, but her passing was quick and graceful. Only two months earlier she was working beside us, laughing and comforting the laboring mothers.

# *Ibu Dewa was a fierce advocate for human rights in childbirth...*

She was a midwife who loved doulas, mothers, babies and families. Her worldwide vision for gentle childbirth was an inspiration.

I have had messages from families in Britain, Canada, USA, Russia, Ukraine, Uzbekistan, Kazakhstan, Holland, Australia, Japan, Philippines, Thailand, Laos, Germany, Italy, Austria, Belarus, New Zealand, New Caledonia and from many islands of Indonesia... all have expressed sorrow for the loss of Ibu Dewa in our daily lives and gratitude for the love and comfort she shared with them all.

# 83,218 Health, Education & Human Services provided in 2017.

#### Bumi Sehat BALI

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Births	474
Prenatal Check-Ups	5,491
General Medical Care (Inc. Medicines)	8,648
Acupuncture Treatments	4,302
Paediatric (Inc. Newborn Evaluations)	914
Massage For Mothers	115
Capacity Building Midwives & Nurses	6,664
Community Outreach/Medical Missions	3,120
Youth Education Centre	2,311
Prenatal Yoga	2,124
Transports In Labor	52
Ambulance Service	213
Elderly Yoga Club	245
Lab Check-Ups	3,551
HIV/Aids Workshops	45
Post-Partum	637
Neonatal Care	664
Books Given Away: Bidan Alami	1,986
Books Given Away: Ibu Alami	1,892
Books Given Away: Asi Eksklusif	2,697
Posyandu (Under 5 Health Evaluations)	453
Bintang Bumi Children's Enrichment	243
Parenting Workshops	285
Massage Workshops	115
Refugee Camp	312
Mattresses For Evacuees	97
N95 Masks Distributed	10,500

TOTAL: **58,150** 

#### Bumi Sehat ACEH

Births	142
Prenatal Check-Ups	2,679
General Medical Care (Inc. Medicines)	14,954
Newborn Evaluations	142
Home Visits	423
Inpatients	137
Transports	63
Youth Education Centre	710
Ambulance Service	752
Post-partum	142
Pregnancy Yoga	555

TOTAL: 20,669

### Bumi Wadah Philippines

Births	127
Prenatal Check-Ups	965
BCG, VIT K & Hep B	213
Ultrasound Exams	876
Tetanus Toxoid Vaccine	83
Prenatal Vitamins	773
Vitamin A Administered	127
Newborn Screening	117
Baby Layettes Given	184
Wound Care	29
Referrals	25
Childbirth Classes	149
Condoms	510
Pregnancy Tests	103
BP Checks	118
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TOTAL: 4,399



# Angel Hiromi, Bumi Sehat Papua...

At the end of January 2018, Bumi Sehat dedicated the 'Angel Hiromi Bumi Sehat' birth centre in Sentani Papua. Special thanks to Earth Company, Maruyama-san and our Angel, Hiromi. As the year unfolds, we will share the exciting news about our new branch.

And so, our vision of gentle birth continues to spread. This new clinic is on the far eastern frontier of Indonesia. Bumi Sehat Aceh is in the far west of Indonesia. Our mother-ship clinic in Bali is in the centre of the country, and up North we have our hand in the Philippines.

# In scholarship news...

Three young midwives, supported by HRA Pharma Foundation, graduated in 2017. Congratulations Desi, Dewi and Badaci!

Currently supported by Lyn Leeder and family and Jenny Burger Foundation: Irma and Gede, promised nurses; Dilla and Putra, promised midwives.

We are so excited about the contributions they will make in the future for Indonesia's people.

## Last but not least...

Yes... Pak Made Wena and the children of our village still maintain the recycling program, one of so many ways we make the world a little bit lovelier, everyday. Today, three baby girls were born gently into the hands of Bumi Sehat's midwives. Our volcano had a gentle eruption.

It's raining in Bali. In the morning dozens of sick and injured people sought the help of our doctors and acupuncturists. This afternoon, the elderly of our village are enjoying their free yoga class.

We of Team Bumi Sehat truly LOVE our work. We are in so much gratitude for your support. YOU make it possible! Because of your care, it is always, 'Time to Love!' This is how we build a lasting Peace.

Terima kasih, thank you, maraming salamat! Ibu Robin Lim & Team Bumi Sehat.

# Terima kasih Thank you

# We need your support!

Please consider making a charitable donation to Bumi Sehat Foundation. Donations can be made using any of the following methods:

#### **CREDIT CARD & PAYPAL**

Website:

bumisehat.org

#### TRANSFERS

Bank:	PT. Bank Negara Indonesia (BNI)
Branch:	Denpasar KLN Ubud
Swift Code:	BNINI DJADPS
Address:	Jl. Gajah Mada, No. 30,
	Denpasar, Bali, Indonesia
Account:	Yayasan Bumi Sehat,
	Ds. PKR Nyuh Kuning
Number (USD):	117 766 133
Number (IDR):	117 765 425

#### WITHIN THE U.S.

Donations may be made via our 501C3 Not-For-Profit Bumi Sehat Foundation International. Please send checks to 25 Colby St, Barre, Vermont 05641 USA.

To make a transfer to our USA account, please contact Ibu Katherine Bramhall: katherine@bumisehat.org

#### Yayasan Bumi Sehat:

Nyuh Kuning Village, PO Box 116, Ubud, Bali, 80571, Indonesia **Telephone:** +62 361 970 002 **Email:** hello@bumisehat.org

