



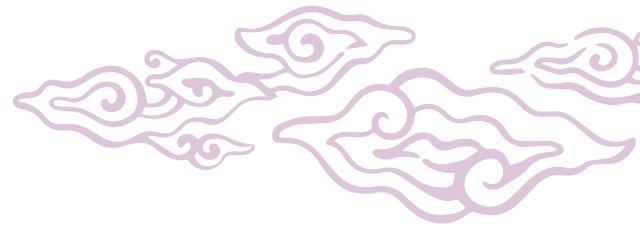
bumi
sehat

Bumi Sehat Foundation

2019 Gratitude Report



Dear Bumi Sehat Family,



As we enter our 25th year of service, we look back on 2019 with immense gratitude for your support, the hard work and dedication of our staff and volunteers, and the extensive love we receive from women, babies, families and communities we serve.

We've come such a long way over the years, adding disaster relief services, community education and scholarship opportunities, wellness programs such as yoga and acupuncture, and so much more. We've grown to six locations across Indonesia and the Philippines, expanding our reach and delivering on the promise of the Bumi Sehat mission. We continue to expand in both services and facilities, and in this year's report, you can learn more about the incredible year that was 2019.

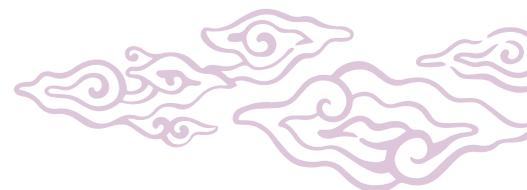


You are a vital part of all of this, and we thank you. Each baby we received into the world, each patient who was cured, each scholar who found support to reach her dreams... has a face, a life, a family. Each time and in every way we shared compassion and love in action, it was made possible by you and all of our generous contributors, who remain the heart of Bumi Sehat.

Love,

Ibu Robin ♥

Ibu Robin
Founder & Executive Board Director





NEWS & UPDATES





YOUTH SERVICES

Resource Center Provides New Opportunities to Students



In August, we completed construction and opened the doors of our new Resource and Education Center at our Bali headquarters. This center was designed to be multi-purpose, functioning as a center for student education in peaceful times, and doubling as a refugee shelter during disasters. Fortunately, in 2019, there was no need to evacuate people from the upper villages of Gunung Agung, Bali's living volcano.

Since opening the center, 1,811 students have attended free classes. Students are able to come to this beautiful new facility to receive:

- ♥ Computer Education
- ♥ English Language
- ♥ Performing Arts
- ♥ Visual Arts Programs
- ♥ Environmental Awareness
- ♥ Ethics and Life Skills

Special blessings of gratitude to Hinoki and Earth Company for making this addition possible.





Learning, growing, sharing...
Bumi Sehat Youth Education
Programs... so we can reach for
the stars





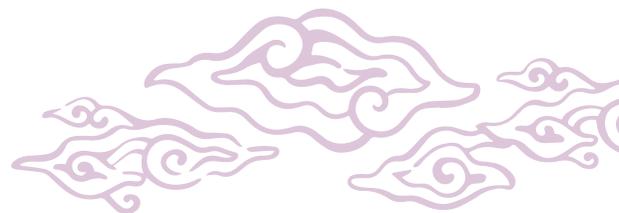
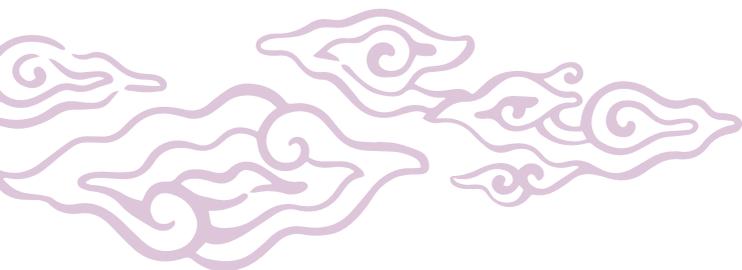
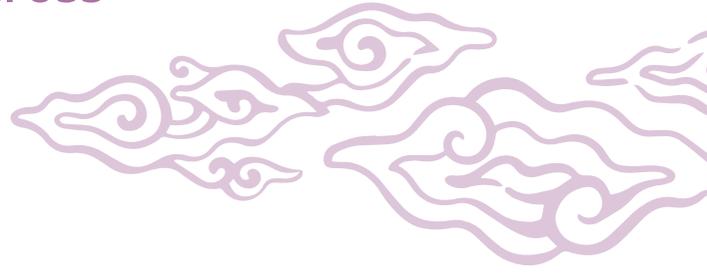
Supporting education for promised midwives, nurses, teachers and acupuncturists



Higher Education Scholarship Program

WATCH US GROW

Bumi Sehat Clinic Locations Across Indonesia and the Philippines



THE WAIT IS OVER

Angel Hiromi Bumi Sehat Birth Clinic Opens in Papua

It was a long gestation, with challenges brought by floods and political unrest, but at long last, Angel Hiromi Bumi Sehat Birth Clinic is officially open!



This facility employs eight midwives and a support staff who are bringing gentle birth to the people of Papua – not to mention providing meals and vital response services for refugees from natural and political disasters. Christmas day brought our first baby to be born at this clinic, realizing Maruyamasan’s dream to honor the memory of his late wife, Hiromi.



“Earth Company Family, thank you for your support and patience in bringing this facility to the people of Papua.”



SHELTER FROM THE STORM

Construction Underway in Lombok

Bumi Sehat has delivered patient care to the people of northern Lombok in tents since August 2018. A devastating series of earthquakes damaged or destroyed nearly 80% of all buildings, leaving tens of thousands of families homeless. Ongoing winds and rainstorms continue to plague people whose only shelter may be from cobbled-together tarps and scraps of wood. This is why we're pleased to announce that construction is now underway on an earthquake-resistant clinic to continue to safely serve the people of Lombok.



Thank you, Direct Relief. Your contributions ensure that this gift will be sustainable for the people of Lombok.



Bumi Sehat Aceh Thriving

Team Bumi Sehat Aceh is going strong, 15 years after the 9.1 Earthquake and Indian Ocean Tsunami. We are still in the community, because healing is a slow and loving process. Your support makes it possible for life to go on, after unimaginable trauma. Surviving is not enough, the people of Aceh wish to heal and thrive. Terima Kasih.



COMING SOON

Childbirth Clinic in the Philippines Opening in 2020



Construction on Bahai Arugaan ni Maria Birth Center was completed in 2019 and will be open for patient care in early 2020. This clinic is located on the island of Palawan, which has one of the highest teen pregnancy rates on Earth. Refugees from the small outer islands will also be welcomed. Our vision and mission is to mitigate suffering, by offering skilled, respectful, loving births and supporting the reproductive health rights of women and their families

Huge thanks to Direct Relief, Earth Company, Maruyamasan, Tina & Jun Ferreros, Tet Maniego, Tala family and Rumi-Shiva family for blessed donations that made this birth center come to life.





NEW PROGRAM

Cancer Screening and Prevention Comes to Bumi Sehat

Imagine the heartbreak of learning you have cervical cancer, but have no money to seek treatment. For women blessed with early detection via the “See and Treat” program at Bumi Sehat, the worry ends that day. That’s why Bumi Sehat plans to make 2020 a year of reducing the suffering of cancer by implementing this care approach.



Our midwives and doctors have completed training in “See and Treat” for early detection and immediate treatment of cervical cancer. Additionally, all of our medical staff has been trained and certified in breast examinations. They also teach our patients to effectively conduct breast self-examinations on a regular basis, and report unusual findings. During the trainings alone, three women were found to have cervical cancer cells and received treatment immediately. Health screenings and follow-up is ongoing, at no cost to patients.



Congratulations to our staff for achieving their certifications. Warmest regards to Ein Herz für Kinder for sponsoring this program and so much more. Bumi Sehat will be saving many lives in the years to come because of you.

STAY & PLAY

Hanuman Play Garden Coming to Nyuh Kuning

Coming soon in early 2020 Hanuman Play Garden. This community play space will cultivate imagination and exploration at the Bumi Sehat headquarters in the village of Nyuh Kuning. The project will be built in two phases, starting with landscaping the playground site and finalizing with manufacturing and installing recycled ironwood play equipment.



Special gratitude to the Rumi-Shiva family for their support of Hanuman Play Garden.

ROHINGYA CRISIS

Supporting Human Rights in Childbirth via International Programs

In 2019, Midwife Budi Astuti and Ibu Robin Lim CPM traveled by invitation to the Hope Foundation to speak and teach at the first-ever midwifery conference in Bangladesh. They helped consult on gentle childbirth and exclusive breastfeeding protocols for the Bangla people and the one million Rohingya refugees served by Hope Hospitals.



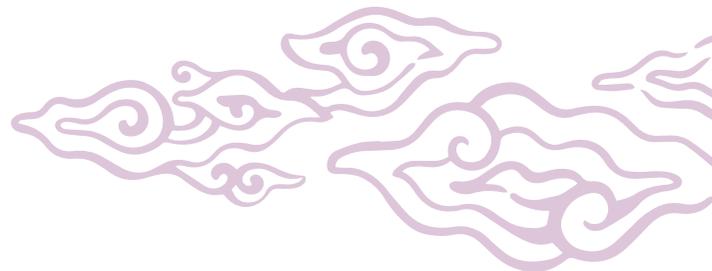


COMMUNITY SUPPORT

Other Service Highlights From One Incredible 2019

Everyday at Bumi Sehat, there is something special happening, whether we're bringing a baby into the world (649 this year!), or helping needy populations access vital care like lab tests and free medicine. Some days volunteers are supplementing our staff, or helping us host one of countless community events. It's the everyday amazing things that we can sometimes forget to call special attention to. Here are some of the workshops, events and services we provided in 2019:

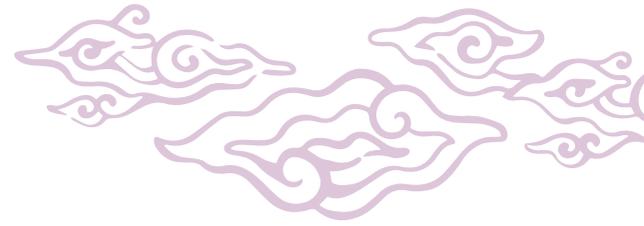
- ♥ Baby Wearing Classes
- ♥ Childbirth Preparation Classes
- ♥ Prenatal Massage
- ♥ Breastfeeding Training
- ♥ Community Massage
- ♥ Skills Education in Acupuncture for Medical Staff
- ♥ Skills Education in Cancer Detection and Cryotherapy for Medical Staff
- ♥ Operations Staff Training on Security and Emergency Procedure
- ♥ Community Education on Plastic Pollution and Waste Reduction
- ♥ Charity Concert Performances by Our Performing Arts Scholars
- ♥ Prenatal Yoga and Elderly Yoga
- ♥ HIV/AIDS Education
- ♥ Hypnobirthing Workshop
- ♥ Nutrition Education



2019 Patient Statistics

136,338 Total incidents of care for all locations

649 Total babies born in 2019



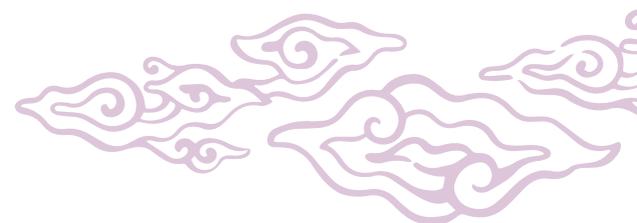
Bumi Sehat Bali

Babies Born	419
Prenatal Check-ups	5,527
Postpartum Care	618
Neonatal Care	701
Doula Services	56
Pediatric Care	260
Community Outreach Patients	1,574
General Medicine	9,106
Free Medicines Distributed	10,537
Acupuncture Treatments	3,924
Free Chinese Herbal Medicines Distributed	1,565
Ambulance Service	152
Lab Check-ups (blood & urinalysis)	3,149
Community Massage (adults)	783
Capacity Building for Midwives, Nurses and Medics	1,076
Staff in Special Trainings for Advanced Medical Skills	168
International Workshops	1,699
Youth Education and Resource Center	
- Computer Class Students	100
- Language Class Students	1,562
- Dance and Arts Students	119
Bintang Bumi Children's Enrichment	544
Attendees to Special Events (Fun Day)	327
Pulau Plastik/Protect Mother Earth Event	257
Prenatal Yoga Students	2,731

Elderly Yoga Club Attendance	474
Clinic Tours	1,726
HIV/AIDS Workshops And Counseling Sessions	1,444
Skills Education for Doctors, Nurses and Midwives	286
Full Scholarships for Nursing and Midwifery Students	6
Emergency Assistance (paid hospital bills or cremation for indigent people)	7
Posyandu (under 5 child health evaluations)	375
Baby Wearing Classes	62
Childbirth Preparation Class	399

Plus Gifts Provided at No Charge

Baby Carriers	436
Baby Layettes	487
Books: Ibu Alami	1,074
Books: Anak Alami	791
Books: Bidan Alami	1,076
Books: ASI Eksklusif	791
Bumi Sehat Eco Bags	1,036
Total Bumi Sehat Bali	57,424



Bumi Sehat Lombok

General Medicine	7,152
Medicines Distributed Free	11,450
Prenatal Check-ups	317
Babies Born	55
Postpartum Checkups	70
Newborn Baby Evaluations	70
Public Health checks Mothers, Babies and Children	2,484
Family Planning	40
Home Care Visits for Immobile Patients	66
Patient Transports to Hospital	20
Use of Ambulance for Transport for Remote Clinics	137
Community Counseling	34
Vitamins Distributed	468
Baby Carriers	20
Baby Clothing and Blanket Sets	200
Diapers	50
Baby Hats	150
Toothbrushes	25
Health Books	44
Tents, Tarps and Tikar Mats	25
Total Bumi Sehat Lombok	22,877

Angel Hiromi Bumi Sehat Papua

Refugee Support (Accommodation, food, transportation, hygiene needs)	
- Refugees received (7-week aftermath of major flooding)	30
- Refugees from political unrest and riots in Wamena for 4 weeks	18
Meals provided for refugees	5,922
Babies Born	2
Prenatal Check-ups	5
Vitamins Distributed	132
Health Books Distributed	70
Total Angel Hiromi 2019	6,179

Bumi Sehat Aceh

Babies Born	77
Prenatal Check-ups	3,324
Newborn Exams and Assessments	77
Postpartum Care	77
Prenatal Exercise	468
General Medical Care	14,240
Medicines Distributed	16,800
Prenatal Vitamin Packets	3,324
Home Visits	472
Transport to Hospital	51
Other Ambulance Services	542
Inpatients	119
Counseling Services	431
Health books Distributed	100
Youth Center Students	385
Total Bumi Sehat Aceh	40,487

Bumi Wadah Philippines

Babies Born	96
Prenatal Check-ups	219
Newborn Exams and Assessments	111
Postpartum Mother's Care, Breastfeeding Support	96
Vitamins Distributed	315
Dental Missions	249
Audiological Mission	105
Medical Missions	445
Surgical Mission	1
Meals Served to Scholars	3,238
Scholarships/examinations for Bohol	131
Training Scholarships	38
Performing Arts Scholarships	35
Choreographic Training	25
Charity Concert Performance Attendees by Our Scholars	4,267
Total Wadah Philippines	9,371



Gratitude to All
Our Teams



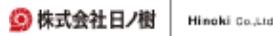
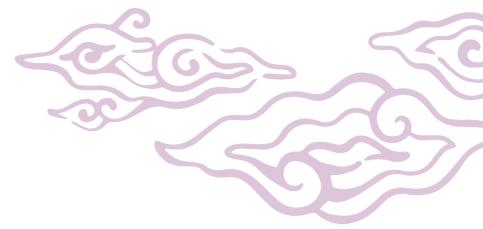




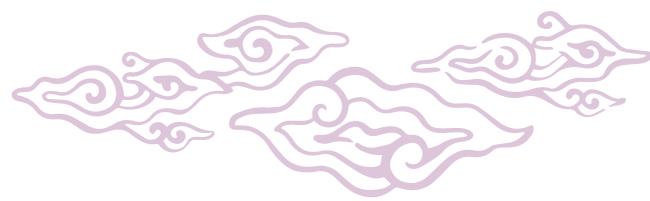
Special Events



Significant Contributors



MURIAL LUKAS ABEL | CHRISTY | DEZA | ELIZABETH GILBERT | LYN & GEOFF LEEDER | HARI JADI RAMLI | JENNY BURGESS FOUNDATION | KELLY ZELINZKY | WENDY KELLY | BARBARA & PAUL HOLDEN NIT | RUMI SHIVA | GLOBAL AURORA | HANNELOVE JOSAM | MADRI | ALBERTO & PENELOPE J DE GRANDE | ALISON TIBBELS | BRENDA HINTON (RAWSOME CREATIONS) | DARMAWAN WIBAWA | JANET ELLEN MOLLOY | KATHLEEN MIERSWA | KYOTO, TSUKUBA UNIV | UMINOE MEDICAL JOURNAL | LUCY LANCOME | MAGDA HUTAGALUNG | GONCALVES | PAIN TO POWER CHILD BIRTH | SOLIHIN | TOBA PEARL | WENDY VAN CUYLENBURGH | ERVEN GS VAN BOETZELAER | STEPHANIE JAHN | LAURA M. BAKER | MR ANWAR HARLAND-KHAN | DEBRA PASCALI BONARO | EAT PRAY DOULA | ORGASMIC BIRTH | BRIDGET LYNCH | ANAMI ALCHEMIA | LISA THROSSELL | JAY BOYLE COMPANY | ELENA VERSHININA | MARUYAMASAN | YOGA SPACE | CAROLINE CORVAGLIA | RATHBONE REBO FAMILY | ROMAN STEPANOV | SAYAN HOUSE | LYNETTE & TOMMY ELLARD | IRINA LAYER | LEANN ERIKSSON & DAUGHTERS | LIA WONG | TRACY ROCHESTIE | DAVID, NADIA & BONNIE BLYTH | MONIQUE NATHAN KOVACS | ANDERSON FAMILY | HOOPYOGINI | BARBARA & PAUL HOLDEN | REBECCA BASHARA | TESSA HANSON | CLAUDIA KUMMERT | MOTHER'S MATTER MIDWIFERY SERVICES | MS. ANNEBEL TROOST | SHARON BECKMAN-BRINDLEY | FEDERICO MARIA BELLI & FAMILY | DR. JEAN LAWRENCE | MRS. KAREN BUTLAND | ALISA GENNADIEVA | ANNA BORSYAKOVA | MS. JILL PYLE | ANNA BEDEL | MARY JACKSON ALEX LOBBA | KETUT, SAM, ZION & PRAJNA SHAPIRO | DAVID HINCHMAN & FAMILY | DE RIJKE MEISJES | WENDY SNOBL | SHARON BECKMAN-BRINDLEY | TREESA MCLEAN | MS. TAYLOR PASSINE | MS. 明日香 濱川 | PAUL KEAN & FAMILY | MS. MARIA SHOSTAK | DJOJHADIKUSUMO FAMILY | CHRISTINA & JUN FERREOS | WILLIAM BATTLE CROOKS & SARAMEL CROO | MARY AUSTIN & BREWSTER KAHLE | HEMMERLE FAMILY | JEHLER FAMILY | ROSALIE LANGLEY | TOMOTAKE IWASA | KAZUMI HIRABE | TORU ISHIGURO | JULIE REYNOLDS | MANA EARTHLY PARADISE | LORRAINE BISHOP | FRANTI FAMILY & SOULSHINE | BAPAK FRANK & BRAHMA KUMARIS FAMILY | ASKA, TOMO, YULA, ZEN, AMA | GLOBAL FORCE FOR HEALING | COMPASSIONATE BIRTH NETWORK | MOREA FAMILY | YVONNE BRIFFA | TALA, JHOANNA, OLIVIER | FORAY FAMILY | KIM MORISON, IBU BEVERLY & FAMILY



Giving & Receiving

General Donation

Our most urgent need is for financial support to assist with operating costs, which most philanthropic organizations will not fund. Our services are free to the communities we serve, and only a fraction of this cost is offset by the donations we receive from our foreign patients.

You can help. Keep in mind that you may donate in any amount – even set monthly recurring donations. And it doesn't take much to make a big impact in someone's life.

For just \$22, you can provide a mother and baby with a pre-natal or post-natal midwife and doctor's visit. For \$200, you can cover the entire cost of a baby's gentle birth. A donation of \$1,300 covers the operating expenses for an entire day at our Bali, Aceh and Papua clinics.



Initiative-Specific Donations

For those who want to specify how their donation is allocated, you can request that your gift contributes to these upcoming initiatives:

\$1,000 by 1000:

To ensure Bumi Sehat's services are sustained for future generations, we have launched an initiative to build an endowment fund. We are calling on 1,000 generous humans to give or raise just \$1,000 to help us on our way to a secure future.

Disaster Relief Fund:

Increasing climate instability has contributed to frequent and harsh natural disasters in tropical locations where Bumi Sehat services are provided. Please help us answer the call to provide medical and human services and early responder services.



The Cost of Care

\$22

A single incident of care, lab test, or pre-natal/post-natal checkup

\$14

Acupuncture appointment

\$5,180

Full-ride scholarship for one student a three-year midwifery school

\$200

Baby delivery at our facility

\$1,378

Single-day operating cost (Bali headquarters, Aceh and Papua)

\$7,700

Full-ride scholarship for one student to become a doctor of acupuncture

** Expense of services rendered. Our services are offered at no cost to patients.*

Ways to Donate

Please consider making a charitable donation to Bumi Sehat Foundation. Here's how:

- Visit bumisehat.org and donate by credit card or PayPal. You can now even schedule monthly recurring donations.
- You may send a bank transfer, International or within Indonesia. You'll need the following information:
 - Account: Yayasan Bumi Sehat, Ds. PKR Nyuh Kuning
 - Bank: PT. Bank Negara Indonesia (BNI), Denpasar KLN Ubud branch
 - Address: Jl. Gajah Mada, NO 30, Denpasar, Bali, Indonesia
 - Account number (IDR): 117 765 425
 - Account number (USD): 117 766 133
 - Swift Code: BNINI DJADPS

To mail a check (US only) via our 501(c)3 not-for-profit :

- Bumi Sehat Foundation International
25 Colby St. Barre, VT 05641 USA



or... you can scan us!





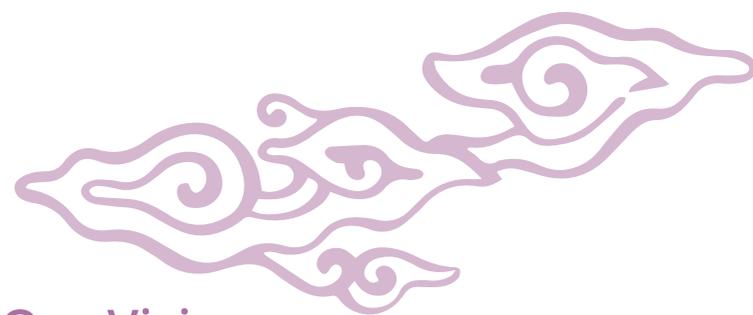
About Bumi Sehat

Who We Are

Yayasan Bumi Sehat is a not-for-profit, 501(c)3 registered organization in the USA with operations in Indonesia and the Philippines. Bumi Sehat currently operates six community health and childbirth clinics, with environmental and community educational programs, plus natural disaster response. Bumi Sehat advocates for marginalized, displaced, low-income people from all islands, faiths and cultures, with a strong focus on gentle birth for mothers and babies.

Our History

Bumi Sehat was founded in 1995 and operated from Bali, Indonesia. Our first significant expansion occurred after the 2004 tsunami, and brought us a second location in Aceh to provide ongoing disaster response support to mothers and babies, as well as countless refugees devastated by the tsunami. Disaster sites would come to define Bumi Sehat's geographical expansion, adding a site in the Philippines after Typhoon Haiyan in 2013 and in Lombok, Indonesia in 2018 following a series of destructive earthquakes. Our most recent addition is in Papua, Indonesia to address the needs of marginalized Papuan families.



Our Vision

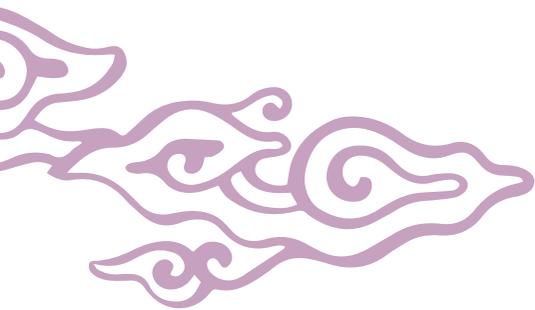
Bumi Sehat means “Healthy Earth Mother.” Our service is built on three simple principles: Respect for nature, respect for culture, and the wise implementation of the science of medicine. We believe that access to quality healthcare, especially reproductive healthcare, is a human right. We believe that each individual is an essential societal component of peace. Our vision is that by caring for the smallest citizens – babies at birth – we are building peace. One mother, one child, one family at a time.

The Work

Our focus is on services that support family health, gentle maternal/child healthcare and child survival, with an emphasis on breastfeeding. Bumi Sehat also has projects that support education/capacity building, the environment and disaster relief.

We operate maternal/infant, family healthcare clinics. Our patients come from all parts of Indonesia and the Philippines, and include displaced people from many islands. Our clinics are located in:

- Ubud (Village of Nyuh Kuning), Bali, Indonesia
- Gampong Cot, West Aceh, Indonesia
- Sentani, Papua, Indonesia
- Gunung Sari, Lombok, Indonesia
- Leyte, Philippines
- Palawan, Philippines

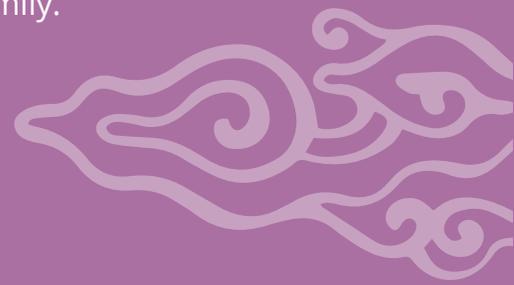




Final Thoughts

The world is on the precipice of change, and with that change, great need arises. We wish to thank each and every one of our contributors for your devotion to supporting Bumi Sehat as a grassroots humanitarian endeavor to mitigate suffering. May 2020 be a year of peace and blessings for your family.

Ibu Robin &
Team Bumi Sehat







bumi
sehat

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